

## Plan on Sister School Exchanges

2024-25 School Year

- Name of the Mainland Sister School (1): **The High School Affiliated to Renmin University of China (RDFZ, 中国人民大学附属中学)**  
 (2): **Shanghai Wenlai Middle School (SWMS, 上海市文来中学)**  
 (3): **Zhaoqing Phoenix Sanli School (GDFHSL, 肇庆凤凰三立学校)**

*Please state the name and preliminary idea of planned exchange activities together with the methods of monitoring and evaluating the effectiveness of these activities.*

Item No.	Name and Content of the Exchange Activity	Intended Objective(s)	Monitoring/Evaluation	Estimated Expenditure
	<p><b>On-line exchange activities between MCS and Shanghai Wenlai Middle School 2024-25:</b></p> <ul style="list-style-type: none"> <li>- The online exchange activities are scheduled to take place from November 2024 to May 2025. Around 30 students from Forms 1 to 3 will be recruited as participants in October 2024. A briefing session will be held five days before the first virtual exchange session. An online discussion on specific topics will take place on one weekday afternoon every two months. An electronic evaluation survey will be conducted to gather feedback from the participants.</li> </ul>	<ul style="list-style-type: none"> <li>- To consolidate and share perspectives on common topics between the students of the two schools</li> <li>- To broaden students' horizons and deepen their understanding of the educational, economic, social, and cultural developments in the Mainland</li> </ul>	<ul style="list-style-type: none"> <li>- Evaluation of students' presentations and feedback surveys from participants will be collected after each online exchange activity.</li> </ul>	<ul style="list-style-type: none"> <li>- The video-conferencing equipment, photography equipment, and related accessories purchased earlier will be utilized for this activity.</li> </ul>

2.	<p><b>Beijing Exchange Programme 2024-25 (F.2 – 5 level)</b></p> <ul style="list-style-type: none"> <li>- The Programme will consist of two sessions: the Hong Kong Session and the Beijing Session.</li> <li>- The Hong Kong Session is scheduled to take place in late January 2025. Students from Maryknoll Convent School (MCS), La Salle College (LSC), and Heep Yunn School (HYS) will provide home-stays for around 12 RDFZ students who will attend lessons at the three schools and visit cultural sites, museums, and local attractions in Hong Kong.</li> <li>- The Beijing Session is planned for mid-April 2025. Around 20 students from MCS, LSC, and HYS will be accompanied by three teachers from the three schools to visit RDFZ. They will stay in the RDFZ dormitory on school days and with homestay families on the weekend. In addition to lesson observations, the programme will include visits to cultural sites, museums, and local attractions in Beijing, as well as a project-based learning activity.</li> </ul>	<ul style="list-style-type: none"> <li>- To provide an authentic language environment for learning Putonghua</li> <li>- To allow students to experience the differences between Hong Kong and Beijing</li> <li>- To enhance understanding of the history and development of Beijing</li> <li>- To broaden students' horizons</li> </ul>	<ul style="list-style-type: none"> <li>- Budget control</li> <li>- Evaluation of students' projects and presentations</li> <li>- Evaluation feedback from participants will be collected via Google Forms within one month after the trip.</li> </ul>	<ul style="list-style-type: none"> <li>- The expenditure for flight tickets, accommodation, and meals for the Beijing Session in April 2025 is estimated to be around HK\$ 41,000 (Source: Grant for Sister School Scheme).</li> <li>- Each student is estimated to pay around HK\$ 1000 to cover expenses for guests in Hong Kong.</li> </ul>
		<ul style="list-style-type: none"> <li>- To provide teachers from both schools with opportunities for experience sharing and professional exchange</li> </ul>	<ul style="list-style-type: none"> <li>- Teachers' reflections will be used as a tool for evaluation.</li> </ul>	

3	<p><b>Shanghai Exchange Programme 2024-25 (F1 – 5 level)</b></p> <ul style="list-style-type: none"> <li>- It is planned to be held at the end of December 2024 or June 2025. Around 20 students from Forms 1 to 5 will visit Shanghai Wenlai Middle School Hokmah Innovation Section (SWMSHIS). They will stay in a hotel near SWMSIS on school days and with homestay families during the weekend. In addition to lesson observations, the programme will include visits to cultural sites, museums, and local attractions in Shanghai, as well as a project-based learning activity.</li> </ul>	<ul style="list-style-type: none"> <li>- To provide an authentic language environment for learning Putonghua</li> <li>- To allow students to experience the differences between Hong Kong and Shanghai</li> <li>- To enhance understanding of the history and development of Shanghai</li> <li>- To broaden students' horizons</li> </ul>	<ul style="list-style-type: none"> <li>- Budget control</li> <li>- Evaluation of students' projects and presentations will be conducted, and feedback from participants will be collected via Google Forms within one month after the trip.</li> </ul>	<ul style="list-style-type: none"> <li>- The expenditure for flight tickets, accommodation, and meals for Shanghai is estimated to be around HK\$ 134,000 (Source: Grant for Sister School Scheme).</li> <li>- Each student is estimated to pay around HK\$ 1000 to cover other expenses not covered by the grant.</li> </ul>
4.	<p><b>Sports and Cultural Exchange Programme 2024-25 (F1 – 5 level)</b></p> <ul style="list-style-type: none"> <li>- It is planned to be held in December 2024, April, or July 2025. Around 45 members of sports teams from Forms 1 to 5 will visit Zhaoqing Phoenix Sanli School. They will stay in a hotel near SWMSIS on school days and with homestay families during the weekend. In addition to lesson observations and sports training, the programme includes visits to cultural sites, museums, and local attractions in Zhaoqing, as well as a project-based learning activity.</li> </ul>	<ul style="list-style-type: none"> <li>- To provide intensive sports training to the students</li> <li>- To allow students to experience the differences between Hong Kong and Zhaoqing</li> <li>- To enhance understanding of the history and development of Zhaoqing</li> <li>- To broaden students' horizons</li> </ul>	<ul style="list-style-type: none"> <li>- Budget control</li> <li>- Evaluation of students' projects and presentations will be conducted, and feedback from participants will be collected via Google Forms within one month after the trip.</li> </ul>	<ul style="list-style-type: none"> <li>- The expenditure for flight tickets, accommodation, and meals for Zhaoqing is estimated to be around HK\$ 82,500 (Source: Grant for Sister School Scheme).</li> <li>- Each student is estimated to pay around HK\$ 1,500 to cover other expenses which are not covered by the grant.</li> </ul>
		<ul style="list-style-type: none"> <li>- To provide teachers from</li> </ul>	<ul style="list-style-type: none"> <li>- Teachers' reflections</li> </ul>	

		both schools with opportunities for experience sharing and professional exchange	will be used as a tool for evaluation.	
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