

2021 - 2022 External Prizes (Sports)

Name		Class	Event	Organiser	Post
Hui Cyrene	許鑑珈	3C	Inter-school Athletics Championship (Division One) 2021-2022 - B Grade Javelin	The Hong Kong Schools Federation	Champion
Chan Hui Wing Nuria	陳昫穎	2C	Inter-school Athletics Championship (Division One) 2021-2022 - C Grade 100m	The Hong Kong Schools Federation	Champion
Chan Hui Wing Nuria	陳昫穎	2C	Inter-school Athletics Championship (Division One) 2021-2022 - C Grade 200m	The Hong Kong Schools Federation	1st runner-up
Chan Wing	陳穎	1B	Inter-school Athletics Championship (Division One) 2021-2022 - C Grade 4x100m relay	The Hong Kong Schools Federation	3rd runner-up (group)
Yuen Owena	袁皓嘉	1C	Inter-school Athletics Championship (Division One) 2021-2022 - C Grade 4x100m relay	The Hong Kong Schools Federation	3rd runner-up (group)
Leung Michelle Mary	梁譚兒	1E	Inter-school Athletics Championship (Division One) 2021-2022 - C Grade 4x100m relay	The Hong Kong Schools Federation	3rd runner-up (group)
Chan Hui Wing Nuria	陳昫穎	2C	Inter-school Athletics Championship (Division One) 2021-2022 - C Grade 4x100m relay	The Hong Kong Schools Federation	3rd runner-up (group)
Lee Tin Ching	李天澄	1B	De La Salle Secondary School, N.T. Handball Championship Women's Youth Handball Competition Gold Cup Group	De La Salle Secondary School New Territories	3rd (Group)
Cheung Ching Ching	張青青	1C	De La Salle Secondary School, N.T. Handball Championship Women's Youth Handball Competition Gold Cup Group	De La Salle Secondary School New Territories	3rd (Group)
Han Ziyi Ellen	韓子藝	1C	De La Salle Secondary School, N.T. Handball Championship Women's Youth Handball Competition Gold Cup Group	De La Salle Secondary School New Territories	3rd (Group)
Chan Hei Lam (Kristy)	陳熙琳	2B	De La Salle Secondary School, N.T. Handball Championship Women's Youth Handball Competition Gold Cup Group	De La Salle Secondary School New Territories	3rd (Group)
Sin Wing Tung (Bernice)	洗穎權	2B	De La Salle Secondary School, N.T. Handball Championship Women's Youth Handball Competition Gold Cup Group	De La Salle Secondary School New Territories	3rd (Group)
Chen Wing Ki (Angel)	陳穎淇	2E	De La Salle Secondary School, N.T. Handball Championship Women's Youth Handball Competition Gold Cup Group	De La Salle Secondary School New Territories	3rd (Group)
Wong Hiu Ying	黃曉瑩	2E	De La Salle Secondary School, N.T. Handball Championship Women's Youth Handball Competition Gold Cup Group	De La Salle Secondary School New Territories	3rd (Group)
Wong Hiu Ying Ivana	王曉瑩	3B	De La Salle Secondary School, N.T. Handball Championship Women's Youth Handball Competition Gold Cup Group	De La Salle Secondary School New Territories	3rd (Group)
Woo Ching Wai Clare	胡晴尉	3B	De La Salle Secondary School, N.T. Handball Championship Women's Youth Handball Competition Gold Cup Group	De La Salle Secondary School New Territories	3rd (Group)
Hui Cyrene	許鑑珈	3C	De La Salle Secondary School, N.T. Handball Championship Women's Youth Handball Competition Gold Cup Group	De La Salle Secondary School New Territories	3rd (Group)
Cheung Ki Hoi (Athena)	張祺海	3D	De La Salle Secondary School, N.T. Handball Championship Women's Youth Handball Competition Gold Cup Group	De La Salle Secondary School New Territories	3rd (Group)
Chan Jing Yan (Jerica)	陳靖昕	3E	De La Salle Secondary School, N.T. Handball Championship Women's Youth Handball Competition Gold Cup Group	De La Salle Secondary School New Territories	3rd (Group)
Ho Yui Yin (Angelina)	何靚嫻	3E	De La Salle Secondary School, N.T. Handball Championship Women's Youth Handball Competition Gold Cup Group	De La Salle Secondary School New Territories	3rd (Group)
Leung Sin Ki Christie	梁倩淇	5A	De La Salle Secondary School, N.T. Handball Championship Women's Youth Handball Competition Gold Cup Group	De La Salle Secondary School New Territories	3rd (Group)
Choy Sin Man Jasmine	蔡蒨雯	5D	De La Salle Secondary School, N.T. Handball Championship Women's Youth Handball Competition Gold Cup Group	De La Salle Secondary School New Territories	3rd (Group)
Pak Hoi Ning (Haylie)	白凱寧	5D	De La Salle Secondary School, N.T. Handball Championship Women's Youth Handball Competition Gold Cup Group	De La Salle Secondary School New Territories	3rd (Group)

Chan Samantha	陳渝琛	6A	De La Salle Secondary School, N.T. Handball Championship Women's Youth Handball Competition Gold Cup Group	De La Salle Secondary School New Territories	3rd (Group)
Kam Cheuk Laam Chloe	金婁嵐	6A	De La Salle Secondary School, N.T. Handball Championship Women's Youth Handball Competition Gold Cup Group	De La Salle Secondary School New Territories	3rd (Group)
Tam Yu Ching (Savanna)	譚羽晴	6B	De La Salle Secondary School, N.T. Handball Championship Women's Youth Handball Competition Gold Cup Group	De La Salle Secondary School New Territories	3rd (Group)
Fan Sin Yiu Bernice	范茜堯	6C	De La Salle Secondary School, N.T. Handball Championship Women's Youth Handball Competition Gold Cup Group	De La Salle Secondary School New Territories	3rd (Group)
Ko Chi Yee Carina	高梓宜	6C	De La Salle Secondary School, N.T. Handball Championship Women's Youth Handball Competition Gold Cup Group	De La Salle Secondary School New Territories	3rd (Group)
Lam Ching Yuet Kary	林靖玥	6C	De La Salle Secondary School, N.T. Handball Championship Women's Youth Handball Competition Gold Cup Group	De La Salle Secondary School New Territories	3rd (Group)
Law Siu Yee Sophia	羅兆貽	6E	De La Salle Secondary School, N.T. Handball Championship Women's Youth Handball Competition Gold Cup Group	De La Salle Secondary School New Territories	3rd (Group)
Kan Sum Yin (Olive)	簡心彥	1A	Hong Kong Age Group Long Course Swimming Competition (Girls 11-12 200 LC Meter Breaststroke)	Hong Kong China Swimming Association	3rd
Yeung Hiu Kiu Cheryl	楊曉橋	1E	青苗乒乓球國際錦標賽 - 女子B組	香港乒乓球總會	冠軍
Wan Tsz Wun Andria	溫子媛	2A	Girls 13-14 100m freestyle	Hong Kong China Swimming Association	1st
Chan Hui Wing Nuria	陳珣穎	2C	Hong Kong Junior Age Group Athletics Championships 2021 Women's U14 100m	Hong Kong Association Of Athletics Affiliates	2nd runner-up
Chan Hui Wing Nuria	陳珣穎	2C	Hong Kong Junior Age Group Athletics Championships 2021 Women's U14 60m	Hong Kong Association Of Athletics Affiliates	1st runner-up
Chan Hui Wing Nuria	陳珣穎	2C	WAC Annual Challenge 60 metre race	Watsons Athletic Club - WAC	first runner up
Tse Tsz Yau (Yolana)	謝芷攸	3A	Ohshikai Karate Open 2021	Japan Goju Ryu Karate-Do Ohshikai Hong Kong	1st
Tam Chung Lam (Chloe)	譚仲琳	3D	YS x HKPA Shooting Exchange 2021- Overall Beginner (Secondary) Division	Hong Kong Family Welfare Society	1st runner-up
Tam Chung Lam (Chloe)	譚仲琳	3D	YS x HKPA Shooting Exchange 2021- Overall Lady Division	Hong Kong Family Welfare Society	2nd runner-up
Tam Chung Lam (Chloe)	譚仲琳	3D	YS x HKPA Shooting Exchange 2021 - Overall Beginner (Secondary) Division	Hong Kong Family Welfare Society	1st runner up (Group)
Tam Chung Lam (Chloe)	譚仲琳	3D	YS x HKPA Shooting Exchange 2021 - Overall Beginner (Secondary) Division	Hong Kong Family Welfare Society	2nd runner up (Group)
Tam Chung Lam (Chloe)	譚仲琳	3D	YS x HKPA Shooting Exchange 2021 - Team Beginner Division	Hong Kong Family Welfare Society	Champion (Group)
Ho Yui Yin Angelina	何靚嫣	3E	2021 Active Cup Taekwondo Competition (S1) - Women's junior division	Hong Kong Taekwondo Active Association	first runner-up
Yeung Hoi Ching Nicole	楊凱晴	4A	Hong Kong Badminton (Award) Training Scheme	Hong Kong Badminton Association	Bronze
Cheung Margaret	張楠深	5B	HKCASA SC Swimming Championship 2021 (100 breaststroke)	Hong Kong Chinese Amateur Swimming Association	Champion
Cheung Margaret	張楠深	5B	HKCASA SC Swimming Championship 2021 (4x50 medley relay)	Hong Kong Chinese Amateur Swimming Association	Champion

Cheung Margaret	張楠深	5B	HKCASA SC Swimming Championship 2021 (50 breaststoke)	Hong Kong Chinese Amateur Swimming Association	1st runner up
Cheung Margaret	張楠深	5B	Hong Kong Age Group (pool) lifesaving competition- 200m obstacles	Hong Kong Lifesaving Society	2nd
Cheung Margaret	張楠深	5B	Hong Kong Age Group (pool) lifesaving competition-100 manikin tow with fins	Hong Kong Lifesaving Society	3rd
Cheung Margaret	張楠深	5B	第四十六屆元旦冬泳拯溺錦標大賽 奪標公開女子組 亞軍	香港拯溺總會	亞軍
Pak Hoi Ning (Haylie)	白凱寧	5D	EVOSA Cup Open League 2021Girls Group	EVO Sports Association	1st (Group)
Lee Chi Yin Gianna	李姿賢	5E	Free Duet (Open)	Hong Kong China Swimming Association	2nd Runner-up (Group)
Lee Chi Yin Gianna	李姿賢	5E	Free Team (Open)	Hong Kong China Swimming Association	Champion (Group)
Lee Chi Yin Gianna	李姿賢	5E	Senior Technical Routine (team) Elements (Age 16-18)	Hong Kong China Swimming Association	3rd Runner-up