

2016-27

External Sports

Name	class	Event name	Organiser	position	
Life Saving and Swimming					
Tsang Cheuk Yi (Joey)	曾緯兒	3A	200m Super lifesaver	All Hong Kong Inter-secondary Life Saving Competition 2016-2017	8th
Wong Suet Ching (Cheryl)	黃雪晴	2E	4x50m medley relay	All Hong Kong Inter-secondary Life Saving Competition 2016-2017	2nd(group)
Chan Hoi Yi Catherine	陳鎧怡	3B	4x50m medley relay	All Hong Kong Inter-secondary Life Saving Competition 2016-2017	2nd(group)
Chan Sum Yee (Charmy)	陳心怡	4C	4x50m medley relay	All Hong Kong Inter-secondary Life Saving Competition 2016-2017	2nd(group)
Sung Ming Shin Cindy	宋明倩	4D	4x50m medley relay	All Hong Kong Inter-secondary Life Saving Competition 2016-2017	2nd(group)
Chiew Chen Lu Michelle	周倩茹	5D	50m Manikin Carry	All Hong Kong Inter-secondary Life Saving Competition 2016-2017	7th(group)
Chow Nok Lam Charis	周諾琳	1C	A grade overall	All Hong Kong Inter-secondary Life Saving Competition 2016-2017	7th(group)
Tsang Cheuk Yi (Joey)	曾緯兒	3A	A grade overall	All Hong Kong Inter-secondary Life Saving Competition 2016-2017	7th(group)
Lau Cheuk Ki Jackie	劉緯琦	4A	A grade overall	All Hong Kong Inter-secondary Life Saving Competition 2016-2017	7th(group)
Chiew Shing Lu Katina	周杏茹	4C	A grade overall	All Hong Kong Inter-secondary Life Saving Competition 2016-2017	7th(group)
Chan Sze Nok Sharon	陳思諾	5A	A grade overall	All Hong Kong Inter-secondary Life Saving Competition 2016-2017	7th(group)
Cheng Sonja	鄭瞳	5B	A grade overall	All Hong Kong Inter-secondary Life Saving Competition 2016-2017	7th(group)
Yim Yee Chi (Kelly)	嚴茲之	5B	A grade overall	All Hong Kong Inter-secondary Life Saving Competition 2016-2017	7th(group)
Chiew Chen Lu Michelle	周倩茹	5D	A grade overall	All Hong Kong Inter-secondary Life Saving Competition 2016-2017	7th(group)
Mui Lok Ching Melody	梅絡晴	5D	A grade overall	All Hong Kong Inter-secondary Life Saving Competition 2016-2017	7th(group)
Lee Ho Ting Aida Belle	李豪庭	5E	A grade overall	All Hong Kong Inter-secondary Life Saving Competition 2016-2017	7th(group)
Woo Lok Ching (Christy)	胡樂澄	5E	A grade overall	All Hong Kong Inter-secondary Life Saving Competition 2016-2017	7th(group)
To Tiffany	杜可蕎	3B	B grade 100m rescue medley	All Hong Kong Inter-secondary Life Saving Competition 2016-2017	6th
Wong Suet Ching (Cheryl)	黃雪晴	2E	B grade 200m obstacle swim	All Hong Kong Inter-secondary Life Saving Competition 2016-2017	6th
Sung Ming Shin Cindy	宋明倩	4D	B grade 200m super lifesaver	All Hong Kong Inter-secondary Life Saving Competition 2016-2017	4th
Yip Hoi Ching (Catherine)	葉海晴	2C	B grade100m rescue medley	All Hong Kong Inter-secondary Life Saving Competition 2016-2017	8th
Ho Tak Yen Leslie	何德初	1C	B grade Overall	All Hong Kong Inter-secondary Life Saving Competition 2016-2017	4th(group)
Lam Cheuk Ue Natalie	林偉如	1E	B grade Overall	All Hong Kong Inter-secondary Life Saving Competition 2016-2017	4th(group)
Yau Man Sui	丘雯萃	2C	B grade Overall	All Hong Kong Inter-secondary Life Saving Competition 2016-2017	4th(group)
Yip Hoi Ching (Catherine)	葉海晴	2C	B grade Overall	All Hong Kong Inter-secondary Life Saving Competition 2016-2017	4th(group)
Cheung Swan	張善韻	2D	B grade Overall	All Hong Kong Inter-secondary Life Saving Competition 2016-2017	4th(group)
Wong Siu Laam (Kady)	黃筱嵐	2D	B grade Overall	All Hong Kong Inter-secondary Life Saving Competition 2016-2017	4th(group)
Wong Suet Ching (Cheryl)	黃雪晴	2E	B grade Overall	All Hong Kong Inter-secondary Life Saving Competition 2016-2017	4th(group)
Choy Karli Long Ching	蔡朗晴	3A	B grade Overall	All Hong Kong Inter-secondary Life Saving Competition 2016-2017	4th(group)
Chan Hoi Yi Catherine	陳鎧怡	3B	B grade Overall	All Hong Kong Inter-secondary Life Saving Competition 2016-2017	4th (group)
To Tiffany	杜可蕎	3B	B grade Overall	All Hong Kong Inter-secondary Life Saving Competition 2016-2017	4th (group)
Chan Sum Yee (Charmy)	陳心怡	4C	B grade Overall	All Hong Kong Inter-secondary Life Saving Competition 2016-2017	4th(group)
Sung Ming Shin Cindy	宋明倩	4D	B grade Overall	All Hong Kong Inter-secondary Life Saving Competition 2016-2017	4th(group)
Tsai Ray Ying Caroline	蔡瑞穎	4E	B grade Overall	All Hong Kong Inter-secondary Life Saving Competition 2016-2017	4th(group)
Wong Suet Ching (Cheryl)	黃雪晴	2E	2016-17 Div.1 Age Group Short Course Swimming CompetitionPart 1 girls 11-12 100m Breastroke	HKASA	1st
Wong Suet Ching (Cheryl)	黃雪晴	2E	2016-17 Div.1 Age Group Short Course Swimming Competition Part 1 girls 11-12 100M Individual Medly	HKASA	2nd

Wong Suet Ching (Cheryl)	黃雪晴	2E	2016-17 Div.1 Age Group Short Course Swimming Competition Part 1 girls 11-12 200Freestyle	HKASA	3rd
Wong Suet Ching (Cheryl)	黃雪晴	2E	2016-17 Hong Kong Age Group Short Course Swimming Championships Girls 13-14 50m Breastroke	HKASA	3rd
To Tiffany	杜可蕎	3B	Girls Division 3 13-14 50M Backstroke	HKASA	2nd
To Tiffany	杜可蕎	3B	Girls Division 3 13-14 100M Freestyle	HKASA	1st
To Tiffany	杜可蕎	3B	Division 2 Girls 13-14 100M Freestyle	HKASA	1st
Chiew Chen Lu Michelle	周倩茹	5D	Age Group SC Swimming Competition Division 3 15-16 100m Backstroke	HKASA	1st
Chiew Chen Lu Michelle	周倩茹	5D	Age Group SC Swimming Competition Division 3 15-16 50m Butterfly	HKASA	1st
Wong Suet Ching (Cheryl)	黃雪晴	2E	Hong Kong Chinese Year Long Pool Swimming Championships Grade B 100m Breastroke	HKCASA	2nd
Wong Suet Ching (Cheryl)	黃雪晴	2E	Hong Kong Chinese Year Long Pool Swimming Championships Grade B 50m Breastroke	HKCASA	2nd
Au Yat Sin Candice	區逸蓓	2A	2016-2017 Age Group Long Course Swimming Competition - Division III (Part 3A,B)	Hong Kong Amateur Swimming Association	1st
Au Yat Sin Candice	區逸蓓	2A	2016-2017 Age Group Long Course Swimming Competition - Division II (Part 3)	Hong Kong Amateur Swimming Association	3rd
Chan Sum Yee (Charmy)	陳心怡	4C	Sai Kung District Age Group Swimming Competition 2016 Girls' Group F 50 M Freestyle	LCSD	1st
Chan Sum Yee (Charmy)	陳心怡	4C	Sai Kung District Age Group Swimming Competition 2016 Girls' Group F 50 M Butterfly	LCSD	1st
Chan Sum Yee (Charmy)	陳心怡	4C	Sai Kung District Age Group Swimming Competition 2016 Girls' Group F 200 M Freestyle	LCSD	1st
Chan Sum Yee (Charmy)	陳心怡	4C	Wan Chai District Age Group Swimming Competition 2016 Girls Group G 50 M Butterfly	LCSD	1st*New Record
Chan Sum Yee (Charmy)	陳心怡	4C	Wan Chai District Age Group Swimming Competition 2016 Girls Group G 100 M Butterfly	LCSD	2nd*New Record
Chan Sum Yee (Charmy)	陳心怡	4C	Central And Western District Age Group Swimming Competition 2016 Girls Group FG 50 M Butterfly	LCSD	1st
Chan Sum Yee (Charmy)	陳心怡	4C	Central And Western District Age Group Swimming Competition 2016 Girls Group FG 50 M Freestyle	LCSD	2nd*New Record
Chan Sum Yee (Charmy)	陳心怡	4C	Central And Western District Age Group Swimming Competition 2016 Girls Group FG 100M Butterfly	LCSD	2nd*New Record
Chan Sum Yee (Charmy)	陳心怡	4C	Central And Western District Age Group Swimming Competition 2016 Girls Group FG 4X50M Medley Relay	LCSD	1st (Group)
Chan Sum Yee (Charmy)	陳心怡	4C	Kowloon City District Age Group Swimming Competition 2016 Women's Youth 13-14 100M Butterfly	LCSD	1st
Chan Sum Yee (Charmy)	陳心怡	4C	Kowloon City District Age Group Swimming Competition 2016 Women's Youth 13-14 50M Butterfly	LCSD	1st
Chan Sum Yee (Charmy)	陳心怡	4C	Kowloon City District Age Group Swimming Competition 2016 Women's Youth 13-14 50M Freestyle	LCSD	4th
Chan Sum Yee (Charmy)	陳心怡	4C	Kowloon City District Age Group Swimming Competition 2016 Women's Youth 13-14 4X50M Medley Relay	LCSD	1st (Group)
To Tiffany	杜可蕎	3B	Kwun Tong District Swimming Competition Girls 13-14 50m Breaststroke	LCSD	1st
To Tiffany	杜可蕎	3B	Kwun Tong District Swimming Competition Girls 13-17 200m Individual Medley	LCSD	1st *New Record
Wong Suet Ching (Cheryl)	黃雪晴	2E	All Hong Kong Jing Ying Swimming Tournament-4x50m medley relay	Hong Kong Schools Sports Association	4th(group)

Chan Hoi Yi Catherine	陳鑾怡	3B	All Hong Kong Jing Ying Swimming Tournament-4x50m medley relay	Hong Kong Schools Sports Association	4th(group)
To Tiffany	杜可蕎	3B	All Hong Kong Jing Ying Swimming Tournament-4x50m medley relay	Hong Kong Schools Sports Association	4th(group)
Chan Sum Yee (Charmy)	陳心怡	4C	All Hong Kong Jing Ying Swimming Tournament-4x50m medley relay	Hong Kong Schools Sports Association	4th(group)
Sung Ming Shin Cindy	宋明倩	4D	Tai Po Waterfront Park Open Water Swimming Challenge Distance 1500m Female Junior	Hong Kong Triathlon Association	1st runner up
Wong Suet Ching (Cheryl)	黃雪晴	2E	2016 HVAA Annual Swimming Gala Group I 50m Freestyle	HVAA	1st
Wong Suet Ching (Cheryl)	黃雪晴	2E	2016 HVAA Annual Swimming Gala Group I 50m Breaststroke	HVAA	1st
Wong Suet Ching (Cheryl)	黃雪晴	2E	2016 HVAA Annual Swimming Gala Group I 50m Butterfly	HVAA	1st
Leung Wai Yan (Evelyn)	梁瑋欣	1A	C grade overall	Inter-school Swimming Competition 2016-2017	4th(group)
Suen Wai Yan (Mavis)	孫慧欣	1B	C grade 4 x 50 medley relay	Inter-school Swimming Competition 2016-2017	5th(group)
Suen Wai Yan (Mavis)	孫慧欣	1B	C grade overall	Inter-school Swimming Competition 2016-2017	4th(group)
Tang Jessie	鄧樂瑤	1B	B grade Overall	Inter-school Swimming Competition 2016-2017	6th(group)
Yeung Wai Ki (Winky)	楊慧淇	1B	C grade 100 Free style	Inter-school Swimming Competition 2016-2017	7th
Yeung Wai Ki (Winky)	楊慧淇	1B	C grade 4 x 50m free style relay	Inter-school Swimming Competition 2016-2017	5th(group)
Yeung Wai Ki (Winky)	楊慧淇	1B	C grade overall	Inter-school Swimming Competition 2016-2017	4th(group)
Chow Nok Lam Charis	周諾琳	1C	A Grade overall	Inter-school Swimming Competition 2016-2017	4th(group)
Chow Nok Lam Charis	周諾琳	1C	C grade overall	Inter-school Swimming Competition 2016-2017	4th(group)
Ho Tak Yen Leslie	何德初	1C	C grade overall	Inter-school Swimming Competition 2016-2017	4th(group)
Lam Cheuk Ue Natalie	林倬如	1E	C grade 4 x 50 medley relay	Inter-school Swimming Competition 2016-2017	5th(group)
Lam Cheuk Ue Natalie	林倬如	1E	C grade overall	Inter-school Swimming Competition 2016-2017	4th(group)
Au Yat Sin Candice	區逸蒨	2A	C grade 200m Individual medley	Inter-school Swimming Competition 2016-2017	8th
Au Yat Sin Candice	區逸蒨	2A	C grade 4 x 50m free style relay	Inter-school Swimming Competition 2016-2017	5th(group)
Au Yat Sin Candice	區逸蒨	2A	C grade overall	Inter-school Swimming Competition 2016-2017	4th(group)
Cheung Ka Ming (Kalina)	張家明	2A	C grade overall	Inter-school Swimming Competition 2016-2017	4th(group)
Assang Ka Yee Patricia	蔡薏儀	2B	B grade Overall	Inter-school Swimming Competition 2016-2017	6th(group)
Assang Ka Yee Patricia	蔡薏儀	2B	C grade overall	Inter-school Swimming Competition 2016-2017	4th(group)
Yau Man Sui	丘雯萃	2C	C grade 4 x 50m free style relay	Inter-school Swimming Competition 2016-2017	5th(group)
Yau Man Sui	丘雯萃	2C	C grade overall	Inter-school Swimming Competition 2016-2017	4th(group)
Yip Hoi Ching (Catherine)	葉海晴	2C	C grade 50m Breast stroke	Inter-school Swimming Competition 2016-2017	7th
Yip Hoi Ching (Catherine)	葉海晴	2C	C grade 100 Breast stroke	Inter-school Swimming Competition 2016-2017	8th
Yip Hoi Ching (Catherine)	葉海晴	2C	C grade 4 x 50 medley relay	Inter-school Swimming Competition 2016-2017	5th(group)
Yip Hoi Ching (Catherine)	葉海晴	2C	C grade overall	Inter-school Swimming Competition 2016-2017	4th(group)
Cheung Swan	張善韻	2D	C grade overall	Inter-school Swimming Competition 2016-2017	4th(group)
Wong Siu Laam (Kady)	黃筱嵐	2D	C grade 4 x 50m free style relay	Inter-school Swimming Competition 2016-2017	5th(group)
Wong Suet Ching (Cheryl)	黃雪晴	2E	C grade 200m Individual medley	Inter-school Swimming Competition 2016-2017	4th
Wong Suet Ching (Cheryl)	黃雪晴	2E	C grade 50m Butterfly stroke	Inter-school Swimming Competition 2016-2017	7th
Wong Suet Ching (Cheryl)	黃雪晴	2E	C grade 4 x 50 medley relay	Inter-school Swimming Competition 2016-2017	5th(group)
Wong Suet Ching (Cheryl)	黃雪晴	2E	C grade overall	Inter-school Swimming Competition 2016-2017	4th(group)
Choy Karli Long Ching	蔡朗晴	3A	B grade 4 x 50m free style relay	Inter-school Swimming Competition 2016-2017	6th(group)
Choy Karli Long Ching	蔡朗晴	3A	B grade Overall	Inter-school Swimming Competition 2016-2017	6th(group)
Tsang Cheuk Yi (Joey)	曾緯兒	3A	A grade 4x50m Medley relay	Inter-school Swimming Competition 2016-2017	4th(group)

Tsang Cheuk Yi (Joey)	曾緯兒	3A	A Grade overall	Inter-school Swimming Competition 2016-2017	4th(group)
Chan Hoi Yi Catherine	陳鎧怡	3B	B grade 4 x 50m medley relay	Inter-school Swimming Competition 2016-2017	4th(group)
Chan Hoi Yi Catherine	陳鎧怡	3B	100m Breast stroke	Inter-school Swimming Competition 2016-2017	6th
Chan Hoi Yi Catherine	陳鎧怡	3B	50m Breast stroke	Inter-school Swimming Competition 2016-2017	7th
Chan Hoi Yi Catherine	陳鎧怡	3B	B grade Overall	Inter-school Swimming Competition 2016-2017	6th(group)
Chan Hoi Yi Catherine	陳鎧怡	3B	Team Overall	Inter-school Swimming Competition 2016-2017	4th(group)
Lai Cheuk Yan (Junie)	黎卓欣	3B	B grade 4 x 50mfree style relay	Inter-school Swimming Competition 2016-2017	6th(group)
Lai Cheuk Yan (Junie)	黎卓欣	3B	B grade Overall	Inter-school Swimming Competition 2016-2017	6th(group)
To Tiffany	杜可蕎	3B	B grade 100 Breast stroke	Inter-school Swimming Competition 2016-2017	4th
To Tiffany	杜可蕎	3B	B grade 4 x 50m medley relay	Inter-school Swimming Competition 2016-2017	4th(group)
To Tiffany	杜可蕎	3B	50m Breast stroke	Inter-school Swimming Competition 2016-2017	5th
To Tiffany	杜可蕎	3B	B grade Overall	Inter-school Swimming Competition 2016-2017	6th(group)
Wong Wing Yee (Joey)	王穎儀	3C	B grade Overall	Inter-school Swimming Competition 2016-2017	6th(group)
Lau Cheuk Ki Jackie	劉緯琦	4A	A grade4x50m Medley relay	Inter-school Swimming Competition 2016-2017	4th(group)
Lau Cheuk Ki Jackie	劉緯琦	4A	50 Free style	Inter-school Swimming Competition 2016-2017	7th
Lau Cheuk Ki Jackie	劉緯琦	4A	50m Breast stroke	Inter-school Swimming Competition 2016-2017	6th
Lau Cheuk Ki Jackie	劉緯琦	4A	A Grade overall	Inter-school Swimming Competition 2016-2017	4th(group)
Lau Cheuk Ki Jackie	劉緯琦	4A	Team Overall	Inter-school Swimming Competition 2016-2017	4th(group)
Chan Sum Yee (Charmy)	陳心怡	4C	B grade 4 x 50m medley relay	Inter-school Swimming Competition 2016-2017	4th(group)
Chan Sum Yee (Charmy)	陳心怡	4C	50m butterfly stroke	Inter-school Swimming Competition 2016-2017	6th
Chan Sum Yee (Charmy)	陳心怡	4C	B grade Overall	Inter-school Swimming Competition 2016-2017	6th(group)
Chiew Shing Lu Katina	周杏茹	4C	A grade 4x50m free style relay	Inter-school Swimming Competition 2016-2017	8th(group)
Chiew Shing Lu Katina	周杏茹	4C	100m Back stroke	Inter-school Swimming Competition 2016-2017	8th
Chiew Shing Lu Katina	周杏茹	4C	A Grade overall	Inter-school Swimming Competition 2016-2017	4th(group)
Choi Cheuk Lam (Avis)	蔡卓霖	4C	B grade 4 x 50mfree style relay	Inter-school Swimming Competition 2016-2017	6th(group)
Choi Cheuk Lam (Avis)	蔡卓霖	4C	B grade Overall	Inter-school Swimming Competition 2016-2017	6th(group)
Sung Ming Shin Cindy	宋明倩	4D	B grade 4 x 50m medley relay	Inter-school Swimming Competition 2016-2017	4th(group)
Sung Ming Shin Cindy	宋明倩	4D	B grade Overall	Inter-school Swimming Competition 2016-2017	6th(group)
Tsai Ray Ying Caroline	蔡瑞穎	4E	B grade 4 x 50mfree style relay	Inter-school Swimming Competition 2016-2017	6th(group)
Tsai Ray Ying Caroline	蔡瑞穎	4E	B grade Overall	Inter-school Swimming Competition 2016-2017	6th(group)
Chan Sze Nok Sharon	陳思諾	5A	A Grade overall	Inter-school Swimming Competition 2016-2017	4th(group)
Cheng Sonja	鄭瞳	5B	A grade 4x50m free style relay	Inter-school Swimming Competition 2016-2017	8th(group)
Cheng Sonja	鄭瞳	5B	A Grade overall	Inter-school Swimming Competition 2016-2017	4th(group)
Yim Yee Chi (Kelly)	嚴茲之	5B	A grade4x50m Medley relay	Inter-school Swimming Competition 2016-2017	4th(group)
Yim Yee Chi (Kelly)	嚴茲之	5B	100m Back stroke	Inter-school Swimming Competition 2016-2017	6th
Yim Yee Chi (Kelly)	嚴茲之	5B	50m Back stroke	Inter-school Swimming Competition 2016-2017	6th
Yim Yee Chi (Kelly)	嚴茲之	5B	A Grade overall	Inter-school Swimming Competition 2016-2017	4th(group)
Yim Yee Chi (Kelly)	嚴茲之	5B	Team Overall	Inter-school Swimming Competition 2016-2017	4th(group)
Chiew Chen Lu Michelle	周倩茹	5D	A grade 4x50m free style relay	Inter-school Swimming Competition 2016-2017	8th(group)
Chiew Chen Lu Michelle	周倩茹	5D	100 Breast stroke	Inter-school Swimming Competition 2016-2017	8th
Chiew Chen Lu Michelle	周倩茹	5D	A Grade overall	Inter-school Swimming Competition 2016-2017	4th(group)
Chiew Chen Lu Michelle	周倩茹	5D	Team Overall	Inter-school Swimming Competition 2016-2017	4th(group)
Mui Lok Ching Melody	梅絡晴	5D	A grade 4x50m free style relay	Inter-school Swimming Competition 2016-2017	8th(group)
Mui Lok Ching Melody	梅絡晴	5D	A Grade overall	Inter-school Swimming Competition 2016-2017	4th(group)
Lee Ho Ting Aida Belle	李豪庭	5E	A Grade overall	Inter-school Swimming Competition 2016-2017	4th(group)
Woo Lok Ching (Christy)	胡樂澄	5E	A Grade overall	Inter-school Swimming Competition 2016-2017	4th(group)

Lai Jessica	雷克詠	6B	A grade 50m breast stroke	Inter-school Swimming Competition 2016-2017	3rd
Lai Jessica	雷克詠	6B	A grade4x50m Medley relay	Inter-school Swimming Competition 2016-2017	4th(group)
Lai Jessica	雷克詠	6B	100 Breast stroke	Inter-school Swimming Competition 2016-2017	5th
Lai Jessica	雷克詠	6B	A Grade overall	Inter-school Swimming Competition 2016-2017	4th(group)
Yau Man Sui	丘雯萃	2C	Women's 100m Freestyle Youth 13-14	Kowloon City District Age Group Swimming Competition 2016-2017	2nd
Yip Hoi Ching (Catherine)	葉海晴	2C	Women's 50m Breast stroke Youth 13-14	Kowloon City District Age Group Swimming Competition 2016-2017	3rd
Yip Hoi Ching (Catherine)	葉海晴	2C	Women's 200m Individual Medley Youth 13-17	Kowloon City District Age Group Swimming Competition 2016-2017	2nd
Wong Siu Laam (Kady)	黃筱嵐	2D	Women's 100m Freestyle Youth 13-14	Kowloon City District Age Group Swimming Competition 2016-2017	1st
Choy Karli Long Ching	蔡明晴	3A	Women's 4x50m Freestyle Relay Youth 13-17	Kowloon City District Age Group Swimming Competition 2016-2017	1st(Group)
Chan Hoi Yi Catherine	陳鏗怡	3B	Women's 4x50m Freestyle Relay Youth 13-17	Kowloon City District Age Group Swimming Competition 2016-2017	1st(Group)
Lau Cheuk Ki Jackie	劉緯琦	4A	Women's 50m Freestyle Youth 15-17	Kowloon City District Age Group Swimming Competition 2016-2017	1st
Lau Cheuk Ki Jackie	劉緯琦	4A	Women's 50m Breast stroke Youth 15-17	Kowloon City District Age Group Swimming Competition 2016-2017	2nd
Lau Cheuk Ki Jackie	劉緯琦	4A	Women's 100m Freestyle Youth 15-17	Kowloon City District Age Group Swimming Competition 2016-2017	1st
Lau Cheuk Ki Jackie	劉緯琦	4A	Women's 4x50m Freestyle Relay Youth 13-17	Kowloon City District Age Group Swimming Competition 2016-2017	1st(Group)
Chan Sum Yee (Charmy)	陳心怡	4C	Women's 50m Butterfly Youth 13-14	Kowloon City District Age Group Swimming Competition 2016-2017	1st
Chan Sum Yee (Charmy)	陳心怡	4C	Women's 100m Butterfly Youth 13-14	Kowloon City District Age Group Swimming Competition 2016-2017	1st
Chan Sum Yee (Charmy)	陳心怡	4C	Women's 4x50m Freestyle Relay Youth 13-17	Kowloon City District Age Group Swimming Competition 2016-2017	1st(Group)
Chiew Shing Lu Katina	周杏茹	4C	Women's 200m Backstroke Youth 13-17	Kowloon City District Age Group Swimming Competition 2016-2017	2nd
Chiew Shing Lu Katina	周杏茹	4C	Women's 100m Butterfly Youth 15-17	Kowloon City District Age Group Swimming Competition 2016-2017	2nd
Chiew Shing Lu Katina	周杏茹	4C	Women's 4x50m Medley Relay Youth 13-17	Kowloon City District Age Group Swimming Competition 2016-2017	3rd(Group)
Choi Cheuk Lam (Avis)	蔡卓霖	4C	Women's 4x50m Freestyle Relay Youth 13-17	Kowloon City District Age Group Swimming Competition 2016-2017	2nd(Group)
Sung Ming Shin Cindy	宋明倩	4D	Women's 200m Freestyle Youth 13-17	Kowloon City District Age Group Swimming Competition 2016-2017	1st
Sung Ming Shin Cindy	宋明倩	4D	Women's 200m Individual Medley Youth 13-17	Kowloon City District Age Group Swimming Competition 2016-2017	1st
Sung Ming Shin Cindy	宋明倩	4D	Women's 50m Butterfly Youth 15-17	Kowloon City District Age Group Swimming Competition 2016-2017	1st
Sung Ming Shin Cindy	宋明倩	4D	Women's 4x50m Medley Relay Youth 13-17	Kowloon City District Age Group Swimming Competition 2016-2017	3rd(Group)
Tsai Ray Ying Caroline	蔡瑞穎	4E	Women's 50m Butterfly Youth 15-17	Kowloon City District Age Group Swimming Competition 2016-2017	3rd
Tsai Ray Ying Caroline	蔡瑞穎	4E	Women's 4x50m Freestyle Relay Youth 13-17	Kowloon City District Age Group Swimming Competition 2016-2017	2nd(Group)
Cheng Sonja	鄭瞳	5B	Women's 100m Freestyle Youth 15-17	Kowloon City District Age Group Swimming Competition 2016-2017	2nd
Cheng Sonja	鄭瞳	5B	Women's 4x50m Medley Relay Youth 13-17	Kowloon City District Age Group Swimming Competition 2016-2017	3rd(Group)
Yim Yee Chi (Kelly)	嚴苾之	5B	Women's 4x50m Medley Relay Youth 13-17	Kowloon City District Age Group Swimming Competition 2016-2017	3rd(Group)
Chiew Chen Lu Michelle	周倩茹	5D	Women's 200m Backstroke Youth 13-17	Kowloon City District Age Group Swimming Competition 2016-2017	3rd
Chiew Chen Lu Michelle	周倩茹	5D	Women's 200m Breaststroke Youth 13-17	Kowloon City District Age Group Swimming Competition 2016-2017	3rd
Chiew Chen Lu Michelle	周倩茹	5D	Women's 200m Breaststroke Youth 15-17	Kowloon City District Age Group Swimming Competition 2016-2017	2nd
Mui Lok Ching Melody	梅絡晴	5D	Women's 50m Freestyle Youth 15-17	Kowloon City District Age Group Swimming Competition 2016-2017	3rd
Mui Lok Ching Melody	梅絡晴	5D	Women's 4x50m Freestyle Relay Youth 13-17	Kowloon City District Age Group Swimming Competition 2016-2017	2nd(Group)
Lee Ho Ting Aida Belle	李豪庭	5E	Women's 100 Butterfly Youth 15-17	Kowloon City District Age Group Swimming Competition 2016-2017	3rd
Lee Ho Ting Aida Belle	李豪庭	5E	Women's 100m Backstroke Youth 15-17	Kowloon City District Age Group Swimming Competition 2016-2017	2nd
Lee Ho Ting Aida Belle	李豪庭	5E	Women's 4x50m Freestyle Relay Youth 13-17	Kowloon City District Age Group Swimming Competition 2016-2017	2nd(Group)
Woo Lok Ching (Christy)	胡樂澄	5E	Women's 50m Backstroke Youth 15-17	Kowloon City District Age Group Swimming Competition 2016-2017	3rd
Sung Ming Shin Cindy	宋明倩	4D	Kowloon Tong Club 2016 Swimming Gala Girls age 13-14 100 meters freestyle	Kowloon Tong Club	1st
Sung Ming Shin Cindy	宋明倩	4D	Kowloon Tong Club 2016 Swimming Gala Girls age 13-14 100 meters breaststroke	Kowloon Tong Club	2nd
Sung Ming Shin Cindy	宋明倩	4D	Kowloon Tong Club 2016 Swimming Gala Girls age 13-14 50 meters backstroke	Kowloon Tong Club	2nd
Sung Ming Shin Cindy	宋明倩	4D	Kowloon Tong Club 2016 Swimming Gala 4x25 meters meley relay	Kowloon Tong Club	2nd

Sung Ming Shin Cindy	宋明倩	4D	Kowloon Tong Club 2016 Swimming Gala Girls age 13-14 50 meters butterfly	Kowloon Tong Club	2nd
Sung Ming Shin Cindy	宋明倩	4D	Kowloon Tong Club 2016 Swimming Gala Girls age 13-14 200 meters individual medley	Kowloon Tong Club	3rd
Wong Suet Ching (Cheryl)	黃雪晴	2E	Wan Chai District Swimming Competition girls age-group 11-12 50m Butterfly	LCSD	2nd
Wong Suet Ching (Cheryl)	黃雪晴	2E	Wan Chai District Swimming Competition girls age-group 11-12 100m Butterfly	LCSD	1st
Wong Suet Ching (Cheryl)	黃雪晴	2E	Wan Chai District Swimming Competition girls age-group 11-12 200M Individual Medly	LCSD	2nd(New Record)
Wong Suet Ching (Cheryl)	黃雪晴	2E	Yau Tsim Mong District Swimming Competition girls age-group 11-12 200M Individual Medly	LCSD	2nd
Wong Suet Ching (Cheryl)	黃雪晴	2E	Yau Tsim Mong District Swimming Competition girls age-group 11-12 100m Freestyle	LCSD	2nd
Wong Suet Ching (Cheryl)	黃雪晴	2E	Sai Kung District Swimming Competition girls age-group 11-12 100m Breastroke	LCSD	1st(New Record)
Wong Suet Ching (Cheryl)	黃雪晴	2E	Sai Kung District Swimming Competition girls age-group 11-12 50m Butterfly	LCSD	2nd
Wong Suet Ching (Cheryl)	黃雪晴	2E	Sai Kung District Swimming Competition girls age-group 11-12 200M Individual Medly	LCSD	1st(New Record)
Wong Suet Ching (Cheryl)	黃雪晴	2E	The 31st NT District Swimming Competition Girls 11-12 50m Butterfly	LCSD	1st
Wong Suet Ching (Cheryl)	黃雪晴	2E	The 31st NT District Swimming Competition Girls 11-12 100m Freestyle	LCSD	1st
Wong Suet Ching (Cheryl)	黃雪晴	2E	The 31st NT District Swimming Competition Girls Open Grade 200M Individual Medly	LCSD	2nd
Lau Cheuk Ki Jackie	劉緯琦	4A	Wanchai District Swimming Competition 2016 15-17 age 50M Freestyle	LCSD	1st Runner up
Lau Cheuk Ki Jackie	劉緯琦	4A	Wanchai District Swimming Competition 2016 15-17 age 100M Freestyle	LCSD	2nd Runner up
Lau Cheuk Ki Jackie	劉緯琦	4A	Wong Tai Sin District Swimming Competition 2016 15-17 age 4x50M Medley Relay	LCSD	Champion (Group)
Lau Cheuk Ki Jackie	劉緯琦	4A	Yau Tsim Mong District Swimming Competition 2016 15-17 age 50M Freestyle	LCSD	2nd Runner up
Lau Cheuk Ki Jackie	劉緯琦	4A	Yau Tsim Mong District Swimming Competition 2016 15-17 age 4X50M Medley Relay	LCSD	1st Runner up (Group)
Lau Cheuk Ki Jackie	劉緯琦	4A	Tsuen Wan District Swimming Competition 2016 15-17 age 4X50M Medley Relay	LCSD	2nd Runner up (Group)
Lau Cheuk Ki Jackie	劉緯琦	4A	Kwun Tong District Swimming Competition 2016 15-17 age 4X50M Medley Relay	LCSD	1st Runner up (Group)
Chiew Shing Lu, Katina	周杏茹	4C	Kwun Tong District Age Group Swimming Competition 2016 Girls Group FG 4*50m Medley Relay	LCSD	4th
Chiew Shing Lu, Katina	周杏茹	4C	Kowloon City District Age Group Swimming Competition 2016 Girls Group FG 200m Backstroke	LCSD	2nd
Chiew Shing Lu, Katina	周杏茹	4C	Kowloon CityDistrict Age Group Swimming Competition 2016 Girls Group FG 50m Backstroke	LCSD	4th
Chiew Shing Lu, Katina	周杏茹	4C	Kowloon City District Age Group Swimming Competition 2016 Girls Group FG 100m Butterfly	LCSD	2nd
Chiew Shing Lu, Katina	周杏茹	4C	Kowloon City District Age Group Swimming Competition 2016 Girls Group FG 4*50m Medley Relay	LCSD	3rd
Chiew Shing Lu, Katina	周杏茹	4C	Central and Western District Age Group Swimming Competition 2016 Girls Group FG 4*50m Freestyle Relay	LCSD	2nd
Chiew Shing Lu, Katina	周杏茹	4C	Wong Tai Sin District Age Group Swimming Competition 2016 Girls Group FG 200m Backstroke	LCSD	2nd

Chiew Chen Lu Michelle	周倩茹	5D	The 35th Shatin District Age Group Swimming Competition Women 13-17 200m breaststroke	LCSD	3rd
Chiew Chen Lu Michelle	周倩茹	5D	Wong Tai Sin District Age Group Swimming Competition 2016 Women 15-17 4x50m medley relay	LCSD	3rd (Group)
Chiew Chen Lu Michelle	周倩茹	5D	Central and Western District Age Group Swimming Competition 2016 Women 15-17 4x50m freestyle relay	LCSD	2nd (Group)
Chiew Chen Lu Michelle	周倩茹	5D	Tsuen Wan District Age Group Swimming Competition 2016/17 Women 15-17 200m Breaststroke	LCSD	1st
Chiew Chen Lu Michelle	周倩茹	5D	Tsuen Wan District Age Group Swimming Competition 2016/17 Women 15-17 4x50m freestyle relay	LCSD	2nd (Group)
Lee Ho Ting (Aida Belle)	李豪庭	5E	Sai Kung District Age 15-17 100m Butterfly	LCSD	1st
Lee Ho Ting (Aida Belle)	李豪庭	5E	Sai Kung District Age 15-17 100m Backstroke	LCSD	3rd
Lee Ho Ting (Aida Belle)	李豪庭	5E	Sai Kung District Age 13-17 200m Butterfly	LCSD	1st
Lee Ho Ting (Aida Belle)	李豪庭	5E	Kwun Tong District Age 13-17 200m Butterfly	LCSD	3rd
Lee Ho Ting (Aida Belle)	李豪庭	5E	Eastern District Age 15-17 100m Butterfly	LCSD	3rd
To Tiffany	杜可蕎	3B	Tsuen Wan District Swimming Competition Girls 13-14 50m Breaststroke	LCSD	1st *New Record
To Tiffany	杜可蕎	3B	Tsuen Wan District Swimming Competition Girls 13-14 100m Breaststroke	LCSD	1st *New Record
To Tiffany	杜可蕎	3B	Tsuen Wan District Swimming Competition Girls 13-17 200m Individual medley	LCSD	1st *New Record
To Tiffany	杜可蕎	3B	Wong Tai Sin District Swimming Competition Girls 13-14 100m Breaststroke	LCSD	1st
To Tiffany	杜可蕎	3B	Wong Tai Sin District Swimming Competition Girls 13-17 200m Breaststroke	LCSD	2nd
To Tiffany	杜可蕎	3B	Wong Tai Sin District Swimming Competition Girls 13-17 200m Individual medley	LCSD	3rd
Chan Sum Yee (Charmy)	陳心怡	4C	The 31st New Territories District Swimming Competition Group G 100M Butterfly	New Territories Regional Sports Association	3rd
Wong Suet Ching (Cheryl)	黃雪晴	2E	2017 Shatin Cup (Tenth) Rookie Tournament 50m Butterfly	Sha Tin Sports Association	2nd
Wong Suet Ching (Cheryl)	黃雪晴	2E	2017 Shatin Cup (Tenth) Rookie Tournament 50m Breaststroke	Sha Tin Sports Association	2nd
Wong Suet Ching (Cheryl)	黃雪晴	2E	2017 Shatin Cup (Tenth) Rookie Tournament 50m Freestyle	Sha Tin Sports Association	2nd
Wong Suet Ching (Cheryl)	黃雪晴	2E	2017 Shatin Cup (Tenth) Rookie Tournament 50m Backstroke	Sha Tin Sports Association	2nd
Lau Cheuk Ki Jackie	劉緯琦	4A	Hong Kong Open Lifesaving Championships, 2016 (pool) developing group 100m manikin tow with fins	The Hong Kong Life saving society	Champion
Lau Cheuk Ki Jackie	劉緯琦	4A	Hong Kong Open Lifesaving Championships, 2016 (pool) developing group 4x50m Medley Relay	The Hong Kong Life saving society	1st Runner up
Lau Cheuk Ki Jackie	劉緯琦	4A	Hong Kong Open Lifesaving Championships, 2016 (pool) developing group 4x50m Obstacle Relay	The Hong Kong Life saving society	2nd Runner up
Wong Suet Ching (Cheryl)	黃雪晴	2E	Samsung 60th Festival of Sport Long Course Swimming Time Trial Girls Open Grade 400M Individual Medly		4th
Chiew Chen Lu Michelle	周倩茹	5D	Age Group LC Swimming Competition 15-16 200m Freestyle	HKASA	1st
Chiew Chen Lu Michelle	周倩茹	5D	Age Group LC Swimming Competition 15-16 200m Backstroke	HKASA	1st

Chiew Chen Lu Michelle	周倩茹	5D	Age Group LC Swimming Competition 15-16 200m Individual Medley	HKASA	1st
Chiew Chen Lu Michelle	周倩茹	5D	Age Group LC Swimming Competition 15-16 50m Backstroke	HKASA	3rd
Chiew Chen Lu Michelle	周倩茹	5D	Age Group LC Swimming Competition 15-16 100m Freestyle	HKASA	3rd
Track and Fields					
Leung Lai Yin Charisse	梁禮賢	3A	Girls B Grade - Team Overall	Inter-school Cross Country Competition 2016 (Division Three)	3rd (Group)
Tang Hou Chloe	鄧皓	3B	Girls B Grade - Team Overall	Inter-school Cross Country Competition 2016 (Division Three)	3rd (Group)
Tse Hei Ching Ashley	謝晞澄	3C	Girls B Grade - Team Overall	Inter-school Cross Country Competition 2016 (Division Three)	3rd (Group)
Yau Sin To Priscilla	丘羨陶	3E	Girls B Grade - Team Overall	Inter-school Cross Country Competition 2016 (Division Three)	3rd (Group)
Chan Sum Yee (Charmy)	陳心怡	4C	Girls B Grade - Individual	Inter-school Cross Country Competition 2016 (Division Three)	4th
Chan Sum Yee (Charmy)	陳心怡	4C	Girls B Grade - Team Overall	Inter-school Cross Country Competition 2016 (Division Three)	3rd (Group)
Chan Ka Wai (Karry)	陳嘉慧	4D	Girls B Grade - Team Overall	Inter-school Cross Country Competition 2016 (Division Three)	3rd (Group)
Cheung Ka Ming (Kalina)	張家明	2A	Girls 3km Group Cup	Pocari Sweat Run Carnival 2016	Champion (Group)
Leung Lai Yin Charisse	梁禮賢	3A	Girls 3km Group Cup	Pocari Sweat Run Carnival 2016	Champion (Group)
Tang Hou Chloe	鄧皓	3B	Girls 3km Group Cup	Pocari Sweat Run Carnival 2016	Champion (Group)
Tse Hei Ching Ashley	謝晞澄	3C	Girls 3km Group Cup	Pocari Sweat Run Carnival 2016	Champion (Group)
Ho Wai Kiu Carrie	何惠蕎	3D	Girls 3km Group Cup	Pocari Sweat Run Carnival 2016	Champion (Group)
Yau Sin To Priscilla	丘羨陶	3E	Girls 3km Group Cup	Pocari Sweat Run Carnival 2016	Champion (Group)
Or Wing Lam Melinda	柯穎霖	1D	A Grade - 4x100m Relay	HKSSF - Inter-school Athletics Championship 2017 (Division One)	8th (Group)
Tang Hou Chloe	鄧皓	3B	B Grade - Long Jump	HKSSF - Inter-school Athletics Championship 2017 (Division One)	4th
Leung Yan (Ada)	梁茵	3C	B Grade - Discus	HKSSF - Inter-school Athletics Championship 2017 (Division One)	6th
Ho Wai Kiu Carrie	何惠蕎	3D	B Grade - High Jump	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th
Chan Sik Yeung Chava	陳息壤	4E	B Grade - Long Jump	HKSSF - Inter-school Athletics Championship 2017 (Division One)	3rd
Lam Cheuk Yiu Jade	林卓瑤	5B	A Grade - 4x400m Relay	HKSSF - Inter-school Athletics Championship 2017 (Division One)	6th (Group)
Li Eve	李懿	5B	A Grade - 4x400m Relay	HKSSF - Inter-school Athletics Championship 2017 (Division One)	6th (Group)
Chiu Cheuk Ling (Stephanie)	招芍苓	5C	A Grade - 4x400m Relay	HKSSF - Inter-school Athletics Championship 2017 (Division One)	6th (Group)
Ho Wai Lei Joyce	何惠莉	5C	A Grade - 4x100m Relay	HKSSF - Inter-school Athletics Championship 2017 (Division One)	8th (Group)
Rhodes Joanne Josephine	姚祖恩	5C	A Grade - 4x100m Relay	HKSSF - Inter-school Athletics Championship 2017 (Division One)	8th (Group)
So Cyrena Heng Yee	蘇杏儀	5D	A Grade - Discus	HKSSF - Inter-school Athletics Championship 2017 (Division One)	8th
Wong Gisele	黃靖然	5D	A Grade - 4x100m Relay	HKSSF - Inter-school Athletics Championship 2017 (Division One)	8th (Group)
Choy Yun Kiu Christy	蔡潤喬	5E	A Grade - 4x400m Relay	HKSSF - Inter-school Athletics Championship 2017 (Division One)	6th (Group)
Man Wai Yan (Annabel)	文蔚愷	1B	Long Jump	Hong Kong South District Athletic Competition 2016	Champion
Man Wai Yan (Annabel)	文蔚愷	1B	Long Jump	Kwun Tong District Athletic Competition 2016	Champion
Man Wai Yan (Annabel)	文蔚愷	1B	High Jump	Kwun Tong District Athletic Competition 2016	Champion
Man Wai Yan (Annabel)	文蔚愷	1B	High Jump	14th Pacer Star Raiders Tournament 2017 -Girls 03-04 Group-- Pacers Athletics Club	Champion
Man Wai Yan (Annabel)	文蔚愷	1B	Long Jump	14th Pacer Star Raiders Tournament 2017 -Girls 03-04 Group-- Pacers Athletics Club	Champion
Leung Yan Ada	梁茵	3C	Shot Put (Women Youth D)	Tai Po District Age Group Athletic Meet 2016	2nd
Leung Yan Ada	梁茵	3C	Discus (Women Youth D)	Tai Po District Age Group Athletic Meet 2016	1st
Ho Wai Kiu Carrie	何惠蕎	3D	Girls B Grade - High Jump	TCAA Age Group Athletics Championship 2017	Champion
Leung Yan Ada	梁茵	3C	Discus	Watsons Athletic Club Annual Challenge 2016	3rd
Ng Yuk Yue Cythia	吳育瑜	2D	Girls Group D - Long Jump	YauTsimMong District Athletics Competition 2016	3rd

Tang Hou Chloe	鄧皓	3B	Girls Group D - High Jump	YauTsimMong District Athletics Competition 2016	3rd
Tang Hou Chloe	鄧皓	3B	Girls Group D - Long Jump	YauTsimMong District Athletics Competition 2016	2nd*New Record
Ho Wai Kiu Carrie	何惠蕎	3D	Girls Group D - High Jump	YauTsimMong District Athletics Competition 2016	2nd
Chan Ka Wai (Karry)	陳嘉慧	4D	Girls Group D - Long Jump	YauTsimMong District Athletics Competition 2016	Champion*New Record
Ng Ho Ching (Kristie)	吳可晴	4D	Girls Group D - Javelin	YauTsimMong District Athletics Competition 2016	3rd
Lam Cheuk Yiu Jade	林卓瑤	5B	Girls Group C - High Jump	YauTsimMong District Athletics Competition 2016	2nd
So Cyrena Heng Yee	蘇杏儀	5D	Girls Group D - Discus	YauTsimMong District Athletics Competition 2016	2nd
So Cyrena Heng Yee	蘇杏儀	5D	Girls Group D - Javelin	YauTsimMong District Athletics Competition 2016	2nd
Choi Man Hiu (Michelle)	蔡旻曉	5E	Girls Group C - Discus	YauTsimMong District Athletics Competition 2016	Champion
Man Wai Yan (Annabel)	文蔚愨	1B	TCAA Age Group Athletics Championship 2017 --Girls Group D - Long Jump		1st runner up
Cheung Hei Ching Eunice	張晞晴	4D	hong Kong Athletics Series 2017 Women's 4x100m	HKAAA	First
Man Wai Yan (Annabell)	文蔚愨	1B	C Grade - 4x400m Relay	HKSSF - Inter-school Athletics Championship 2017 (Division One)	4th (Group)
Sin Tsoi Ying Martha	冼采瑩	1D	C Grade - 4x100 Relay	HKSSF - Inter-school Athletics Championship 2017 (Division One)	6th (Group)
Ki Clarissa Marie	暨玥怡	1E	C Grade - 4x100 Relay	HKSSF - Inter-school Athletics Championship 2017 (Division One)	6th (Group)
Lam Verna	林雍嵐	2C	C Grade - 100m Hurdles	HKSSF - Inter-school Athletics Championship 2017 (Division One)	4th
Lam Verna	林雍嵐	2C	C Grade - 100m	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th
Lam Verna	林雍嵐	2C	C Grade - 4x100 Relay	HKSSF - Inter-school Athletics Championship 2017 (Division One)	6th (Group)
Wong Ching Kwan Janice	黃靖鈞	2C	C Grade - 4x400m Relay	HKSSF - Inter-school Athletics Championship 2017 (Division One)	4th (Group)
Wong Ching Kwan Janice	黃靖鈞	2C	C Grade - 800m	HKSSF - Inter-school Athletics Championship 2017 (Division One)	8th
Chui Yuk Kwan (Rachel)	崔鈺堃	2D	C Grade - 4x400m Relay	HKSSF - Inter-school Athletics Championship 2017 (Division One)	4th (Group)
Ng Yuk Yue Cythia	吳育瑜	2D	C Grade - 4x400m Relay	HKSSF - Inter-school Athletics Championship 2017 (Division One)	4th (Group)
Or Sin Wai Claudia	柯羨慧	2E	C Grade - 4x100 Relay	HKSSF - Inter-school Athletics Championship 2017 (Division One)	6th (Group)
Mok Chor Sze Chelsea	莫楚詩	3A	B Grade - 4x100m Relay	HKSSF - Inter-school Athletics Championship 2017 (Division One)	3rd (Group)
Tang Hou Chloe	鄧皓	3B	B Grade - 4x400m Relay	HKSSF - Inter-school Athletics Championship 2017 (Division One)	3rd (Group)
Tse Hei Ching Ashley	謝晞澄	3C	B Grade - 4x400m Relay	HKSSF - Inter-school Athletics Championship 2017 (Division One)	3rd (Group)
Chan Sum Yee (Charmy)	陳心怡	4C	B Grade - 4x400m Relay	HKSSF - Inter-school Athletics Championship 2017 (Division One)	3rd (Group)
Chan Ka Wai (Karry)	陳嘉慧	4D	B Grade - 4x400m Relay	HKSSF - Inter-school Athletics Championship 2017 (Division One)	3rd (Group)
Cheung Hei Ching Eunice	張晞晴	4D	B Grade - 200m	HKSSF - Inter-school Athletics Championship 2017 (Division One)	4th
Cheung Hei Ching Eunice	張晞晴	4D	B Grade - 4x100m Relay	HKSSF - Inter-school Athletics Championship 2017 (Division One)	3rd (Group)
Cheung Hei Ching Eunice	張晞晴	4D	B Grade - 100m	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th
Chan Sik Yeung Chava	陳息壤	4E	B Grade - 4x100m Relay	HKSSF - Inter-school Athletics Championship 2017 (Division One)	3rd (Group)
Yeung Ho Yuet Rachel	楊可悅	4E	B Grade - 4x100m Relay	HKSSF - Inter-school Athletics Championship 2017 (Division One)	3rd (Group)
Li Eve	李懿	5B	A Grade - 400m	HKSSF - Inter-school Athletics Championship 2017 (Division One)	6th
Chiu Cheuk Ling (Stephanie)	招芍苓	5C	A Grade - 100m Hurdles	HKSSF - Inter-school Athletics Championship 2017 (Division One)	7th
Man Wai Yan (Annabel)	文蔚愨	1B	200M	Kwun Tong District Athletic Competition 2016	3rd
Leung Yan Ada	梁茵	3C	100m Hurdles (Women Youth D)	Tai Po District Age Group Athletic Meet 2016	2nd
Lam Verna	林雍嵐	2C	Girls Group D - 100m	YauTsimMong District Athletics Competition 2016	Champion
Lam Verna	林雍嵐	2C	Girls Group D - 4x100m Relay	YauTsimMong District Athletics Competition 2016	Champion
Wong Ching Kwan Janice	黃靖鈞	2C	Girls Group E - 400m	YauTsimMong District Athletics Competition 2016	Champion
Chui Yuk Kwan (Rachel)	崔鈺堃	2D	Girls Group D - 400m	YauTsimMong District Athletics Competition 2016	Champion
Ng Yuk Yue Cythia	吳育瑜	2D	Girls Group D - 800m	YauTsimMong District Athletics Competition 2016	2nd
Mok Chor Sze Chelsea	莫楚詩	3A	Girls Group D - 100m Hurdles	YauTsimMong District Athletics Competition 2016	Champion
Mok Chor Sze Chelsea	莫楚詩	3A	Girls Group D - 4x100m Relay	YauTsimMong District Athletics Competition 2016	Champion
Tang Hou Chloe	鄧皓	3B	Girls Group D - 4x100m Relay	YauTsimMong District Athletics Competition 2016	Champion
Tse Hei Ching Ashley	謝晞澄	3C	Girls Group D - 200m	YauTsimMong District Athletics Competition 2016	3rd
Tse Hei Ching Ashley	謝晞澄	3C	Girls Group D - 4x400m Relay	YauTsimMong District Athletics Competition 2016	Champion*New Record

Ho Wai Kiu Carrie	何惠蕎	3D	Girls Group D - 4x100m Relay	YauTsimMong District Athletics Competition 2016	Champion
Yau Sin To Priscilla	丘羨陶	3E	Girls Group D - 800m	YauTsimMong District Athletics Competition 2016	3rd
Chan Sum Yee (Charmy)	陳心怡	4C	Girls Group D - 800m	YauTsimMong District Athletics Competition 2016	Champion
Chan Sum Yee (Charmy)	陳心怡	4C	Girls Group D - 4x400m Relay	YauTsimMong District Athletics Competition 2016	Champion*New Record
Chan Ka Wai (Karry)	陳嘉慧	4D	Girls Group D - 100m	YauTsimMong District Athletics Competition 2016	3rd
Chan Ka Wai (Karry)	陳嘉慧	4D	Girls Group D - 4x400m Relay	YauTsimMong District Athletics Competition 2016	Champion*New Record
Li Eve	李懿	5B	Girls Group D - 200m	YauTsimMong District Athletics Competition 2016	2nd
Li Eve	李懿	5B	Girls Group D - 4x400m Relay	YauTsimMong District Athletics Competition 2016	Champion*New Record
Rhodes Joanne Josephine	姚祖恩	5C	Girls Group C - 100m Hurdles	YauTsimMong District Athletics Competition 2016	2nd
Rhodes Joanne Josephine	姚祖恩	5C	Girls Group C - 100m	YauTsimMong District Athletics Competition 2016	3rd
Choy Yun Kiu Christy	蔡潤喬	5E	Girls Group C - 1500m	YauTsimMong District Athletics Competition 2016	Champion
Chan Sum Yee (Charmy)	陳心怡	4C	Yau Tsim Mong District Age Group Atheletic Meet 2016 Women's Youth 13-15 800M	Hong Kong Leisure and Cultural Services Department	1st*New Record
Chan Sum Yee (Charmy)	陳心怡	4C	Yau Tsim Mong District Age Group Atheletic Meet 2016 Women's Youth 13-15 4X400M	Hong Kong Leisure and Cultural Services Department	1st (Group)*New Record
Chan Sum Yee (Charmy)	陳心怡	4C	Kwun Tong District Age Group Atheleticc Meet 2016 Women's Youth 13-15 800M	Hong Kong Leisure and Cultural Services Department	1st
Chan Sum Yee (Charmy)	陳心怡	4C	Kwun Tong District Age Group Atheleticc Meet 2016 Women's Youth 13-15 400M	Hong Kong Leisure and Cultural Services Department	2nd
Chu Hok Yan (Hoiley)	朱學欣	1A	Team Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Lam Yam Fei (Isabella)	林鑫霏	1A	Team Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Yau Yue Fung (Yvonne)	邱御風	1A	C Grade - Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Yau Yue Fung (Yvonne)	邱御風	1A	Team Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Lam Yam Sin (Tiffany)	林鑫蒨	1B	C Grade - Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Lam Yam Sin (Tiffany)	林鑫蒨	1B	Team Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Man Wai Yan (Annabell)	文蔚愜	1B	C Grade - Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Man Wai Yan (Annabell)	文蔚愜	1B	Team Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Or Wing Lam Melinda	柯穎霖	1D	Team Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Sin Tsoi Ying Martha	冼采瑩	1D	C Grade - Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Sin Tsoi Ying Martha	冼采瑩	1D	Team Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Ki Clarissa Marie	暨玥怡	1E	C Grade - Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Ki Clarissa Marie	暨玥怡	1E	Team Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Cheung Ka Ming (Kalina)	張家明	2A	C Grade - Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Cheung Ka Ming (Kalina)	張家明	2A	Team Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Lam Verna	林雍嵐	2C	C Grade - Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Lam Verna	林雍嵐	2C	Team Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Wong Ching Kwan Janice	黃靖鈞	2C	C Grade - Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Wong Ching Kwan Janice	黃靖鈞	2C	Team Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Cai Rui Zhe (Racheal)	蔡瑞喆	2D	C Grade - Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Cai Rui Zhe (Racheal)	蔡瑞喆	2D	Team Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Chui Yuk Kwan (Rachel)	崔鈺瑩	2D	C Grade - Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Chui Yuk Kwan (Rachel)	崔鈺瑩	2D	Team Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Ng Yuk Yue Cythia	吳育瑜	2D	C Grade - Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Ng Yuk Yue Cythia	吳育瑜	2D	Team Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Hui Ting Yan (Vicky)	許婷欣	2E	C Grade - Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Hui Ting Yan (Vicky)	許婷欣	2E	Team Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Or Sin Wai Claudia	柯羨慧	2E	C Grade - Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Or Sin Wai Claudia	柯羨慧	2E	Team Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)

Leung Lai Yin Charisse	梁禮賢	3A	B Grade - Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	4th (Group)
Leung Lai Yin Charisse	梁禮賢	3A	Team Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Mok Chor Sze Chelsea	莫楚詩	3A	B Grade - Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	4th (Group)
Mok Chor Sze Chelsea	莫楚詩	3A	Team Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Tang Hou Chloe	鄧皓	3B	B Grade - Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	4th (Group)
Tang Hou Chloe	鄧皓	3B	Team Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Leung Yan (Ada)	梁茵	3C	B Grade - Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	4th (Group)
Leung Yan (Ada)	梁茵	3C	Team Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Tse Hei Ching Ashley	謝晞澄	3C	B Grade - Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	4th (Group)
Tse Hei Ching Ashley	謝晞澄	3C	Team Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Ho Wai Kiu Carrie	何惠蕎	3D	B Grade - Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	4th (Group)
Ho Wai Kiu Carrie	何惠蕎	3D	Team Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Lo Hiu Wa Melody	盧曉樺	3D	B Grade - Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	4th (Group)
Lo Hiu Wa Melody	盧曉樺	3D	Team Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Li Yu Ying Iris	李宇瑩	3E	B Grade - Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	4th (Group)
Li Yu Ying Iris	李宇瑩	3E	Team Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Yau Sin To Priscilla	丘羨陶	3E	B Grade - Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	4th (Group)
Yau Sin To Priscilla	丘羨陶	3E	Team Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Cheng Wing Gee Rachel	鄭詠之	4B	Team Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Cheng Wing Gee Rachel	鄭詠之	4B	Team Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Chan Ching Nam Eilis	陳靜楠	4C	B Grade - Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	4th (Group)
Chan Ching Nam Eilis	陳靜楠	4C	Team Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Chan Ho Yuet (Amelia)	陳可樾	4C	Team Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Chan Ho Yuet (Amelia)	陳可樾	4C	Team Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Chan Sum Yee (Charmy)	陳心怡	4C	B Grade - Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	4th (Group)
Chan Sum Yee (Charmy)	陳心怡	4C	Team Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Chan Ka Wai (Karry)	陳嘉慧	4D	B Grade - Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	4th (Group)
Chan Ka Wai (Karry)	陳嘉慧	4D	Team Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Cheung Hei Ching Eunice	張晞晴	4D	B Grade - Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	4th (Group)
Cheung Hei Ching Eunice	張晞晴	4D	B Grade - Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	4th (Group)
Cheung Hei Ching Eunice	張晞晴	4D	Team Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Ng Ho Ching (Kristie)	吳可晴	4D	Team Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Chan Sik Yeung Chava	陳息壤	4E	B Grade - Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	4th (Group)
Chan Sik Yeung Chava	陳息壤	4E	B Grade - Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	4th (Group)
Chan Sik Yeung Chava	陳息壤	4E	Team Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Yeung Ho Yuet Rachel	楊可悅	4E	B Grade - Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	4th (Group)
Yeung Ho Yuet Rachel	楊可悅	4E	Team Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Lam Cheuk Yiu Jade	林卓瑤	5B	Team Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Li Eve	李懿	5B	Team Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Chiu Cheuk Ling (Stephanie)	招芍苓	5C	Team Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Ho Wai Lei Joyce	何惠莉	5C	Team Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Rhodes Joanne Josephine	姚祖恩	5C	Team Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
So Cyrena Heng Yee	蘇杏儀	5D	Team Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Wong Gisele	黃靖然	5D	Team Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Choi Man Hiu (Michelle)	蔡旻曉	5E	Team Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Choy Yun Kiu Christy	蔡潤喬	5E	Team Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)

Chan Wing Yi Cindy	陳穎怡	6B	Team Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Chan Wing Yi Cindy	陳穎怡	6B	Team Overall	HKSSF - Inter-school Athletics Championship 2017 (Division One)	5th (Group)
Ball Games					
Chan Hoi Ming Bo Bo	陳海鳴	4C	2016 China-Hong Kong Cup Handball Competition	HK handball association and LCSD	Champion (Group)
Shum Wing Tung (Rita)	沈詠彤	1A	Girls C Grade	Inter-school Volleyball Competition 2017 (Division Three)	5th (Group)
Cheung Wai Laam (Krystal)	張惠嵐	1B	Girls C Grade	Inter-school Volleyball Competition 2017 (Division Three)	5th (Group)
Lee Sung Yan (Karen)	李崇恩	1B	Girls C Grade	Inter-school Volleyball Competition 2017 (Division Three)	5th (Group)
Lee Tsz Ching Trista	李芷晴	1E	Girls C Grade	Inter-school Volleyball Competition 2017 (Division Three)	5th (Group)
Ng Cheuk Fei Faye	吳卓飛	1E	Girls C Grade	Inter-school Volleyball Competition 2017 (Division Three)	5th (Group)
Chan Tsz Yan Vanessa	陳祉葭	2A	Girls C Grade	Inter-school Volleyball Competition 2017 (Division Three)	5th (Group)
Cheung Hoi Lam (Ellie)	張海琳	2A	Girls C Grade	Inter-school Volleyball Competition 2017 (Division Three)	5th (Group)
Cheung Ka Ming (Kalina)	張家明	2A	Girls C Grade	Inter-school Volleyball Competition 2017 (Division Three)	5th (Group)
Mak Pui Yu Cherry	麥珮榆	2A	Girls C Grade	Inter-school Volleyball Competition 2017 (Division Three)	5th (Group)
Chan Sheung Ling Celina	陳尚苓	2B	Girls C Grade	Inter-school Volleyball Competition 2017 (Division Three)	5th (Group)
Wang Cheuk Kei (Erica)	王卓琦	2B	Girls C Grade	Inter-school Volleyball Competition 2017 (Division Three)	5th (Group)
Chan Tsz Yee (Cherrie)	陳祉頤	2E	Girls C Grade	Inter-school Volleyball Competition 2017 (Division Three)	5th (Group)
Badminton					
Ng Cheuk Lam Charlie	吳卓霖	3A	Bank of China 2017 Hong Kong Inter-school Badminton Championships (Girls-Open Grade)	Hong Kong Badminton Association	3rd (Group)
Fung Pui Laam Prima	馮沛嵐	3B	Bank of China 2017 Hong Kong Inter-school Badminton Championships (Girls-Open Grade)	Hong Kong Badminton Association	3rd (Group)
Wong Cherry	王鎧琳	3C	Bank of China 2017 Hong Kong Inter-school Badminton Championships (Girls-Open Grade)	Hong Kong Badminton Association	3rd (Group)
Li Yu Ying Iris	李宇瑩	3E	Bank of China 2017 Hong Kong Inter-school Badminton Championships (Girls-Open Grade)	Hong Kong Badminton Association	3rd (Group)
Liu Ching Kiu Candice	廖靖翹	3E	Bank of China 2017 Hong Kong Inter-school Badminton Championships (Girls-Open Grade)	Hong Kong Badminton Association	3rd (Group)
Yau Wing Ching (Chloe)	邱泳晴	5C	Bank of China 2017 Hong Kong Inter-school Badminton Championships (Girls-Open Grade)	Hong Kong Badminton Association	3rd (Group)
Tsay Wing Ka Karen	蔡穎珈	5D	Bank of China 2017 Hong Kong Inter-school Badminton Championships (Girls-Open Grade)	Hong Kong Badminton Association	3rd (Group)
Wong Cherry	王鎧琳	3C	YMCA Age Group Badminton Single Tournament 2016 - Girl's Single A Grade Tournament	YMCA	3rd
Wong Cherry	王鎧琳	3C	Kowloon City District Age Group Badminton Competition 2016 Youth Women's Doubles	Leisure and Cultural Services Department	3rd
Wong Cherry	王鎧琳	3C	The 31st North District Age Group Badminton Competition Youth Singles	Leisure and Cultural Services Department	2nd
Wong Cherry	王鎧琳	3C	Tai Po District Age Group Badminton Competition(2016-2017)Competition Youth Women's Doubles	Leisure and Cultural Services Department	2nd
Fencing					
Wong Po Wing (Janice)	黃寶穎	1A	Girls C Grade - Epee	Inter-school Fencing Competition 2016	2nd
Wong Po Wing (Janice)	黃寶穎	1A	Girls Epee Team Overall	Inter-school Fencing Competition 2016	3rd (Group)
Lee Victoria Wing-Tung	李穎彤	2C	Girls C Grade - Sabre	Inter-school Fencing Competition 2016	3rd
Cheung Hiu Ching Kristy	張曉晴	5B	Girls A Grade - Epee	Inter-school Fencing Competition 2016	2nd
Yu Charmaine Kate	余卓汶	5C	Girls A Grade - Epee	Inter-school Fencing Competition 2016	3rd
Cheung Hiu Ching Kristy	張曉晴	5B	Girls Epee Team Overall	Inter-school Fencing Competition 2016	3rd (Group)

Tong Hiu Tung Nicole	湯曉桐	5B	Girls Epee Team Overall	Inter-school Fencing Competition 2016	3rd (Group)
Yu Charmaine Kate	余卓汶	5C	Girls Epee Team Overall	Inter-school Fencing Competition 2016	3rd (Group)
Wushu & Taekwondo					
Yip Yuen Lam Serena	葉宛霖	3C	Secondary School and Tertiary Institution TKD Competition 2017	Hong Kong Taekwondo Association	3rd
Wong Wing Lam Isabel	王穎霖	4A	Entrance Taekwondo Invitation Tournament 2017 Ribbon Group E	Hong Kong Taekwondo Dragon will	2nd
Yip Yuen Lam Serena	葉宛霖	3C	Entrance Taekwondo Invitation Tournament 2017 (Commodities)	Hong Kong Taekwondo Dragon will	1st
Yip Yuen Lam Serena	葉宛霖	3C	Entourage Taekwondo Invitation Tournament 2017 (Fighting Game)	Hong Kong Taekwondo Dragon will	3rd
LAU Ying Yiu, Yoyo	劉瓔瑤	1B	Wushu Sanshou Championship of Peer Cup, The 15th Hong Kong Wushu International Championship, Female F5 Chen Style Competition Taiji Quan	Hong Kong Wushu International Festival Committee	1st
LAU Ying Yiu, Yoyo	劉瓔瑤	1B	Wushu Sanshou Championship of Peer Cup, The 15th Hong Kong Wushu International Championship, Female F5 Cudgel Play	Hong Kong Wushu International Festival Committee	2nd
LAU Ying Yiu, Yoyo	劉瓔瑤	1B	Wushu Sanshou Championship of Peer Cup, The 15th Hong Kong Wushu International Championship, Kids 48KG Sanshou	Hong Kong Wushu International Festival Committee	3rd
Lam Ka Ka Carrie	林珈嘉	4D	15th Hong Kong Wushu International Championship "Peer Cup" (Optional Chang Quan)	Hong Kong Wushu International Festival Committee	1st
Lam Ka Ka Carrie	林珈嘉	4D	15th Hong Kong Wushu International Championship "Peer Cup" (Culgel play)	Hong Kong Wushu International Festival Committee	2nd
Lam Ka Ka Carrie	林珈嘉	4D	15th Hong Kong Wushu International Championship "Peer Cup" (Apparatus)	Hong Kong Wushu International Festival Committee	1st Award
LAU Ying Yiu, Yoyo	劉瓔瑤	1B	2016 Hong Kong open young children 's martial arts competition - Women' s child group (Tai Chi)	Hong Kong Wushu Union	Bronze Medal
Gymnastics					
Pun Wing Sum Wincy	潘穎心	1B	Women's Elementary Group- Balance Beam	2016-2017 HK Artistic Gymnastics Open & Novice Championships	4th runner-up
Pun Wing Sum Wincy	潘穎心	1B	Women's Elementary Group- Floor Exercise	2016-2017 HK Artistic Gymnastics Open & Novice Championships	6th runner-up
Pun Wing Sum Wincy	潘穎心	1B	Women's Elementary Group- Unevern Bar	2016-2017 HK Artistic Gymnastics Open & Novice Championships	1st runner-up
Pun Wing Sum Wincy	潘穎心	1B	Women's Elementary Group- Vaulting	2016-2017 HK Artistic Gymnastics Open & Novice Championships	3rd runner-up
Pun Wing Sum Wincy	潘穎心	1B	Women's Elementary Group- Individual All Round	2016-2017 HK Artistic Gymnastics Open & Novice Championships	1st runner-up
Pun Wing Sum Wincy	潘穎心	1B	Girls' Novice Group Preliminary- Vaulting	All Hong Kong Inter-Secondary Schools Gymnastic Competition 2016-2017	Certificate of Distinction
Pun Wing Sum Wincy	潘穎心	1B	Girls' Novice Group Preliminary- Floor Exercise	All Hong Kong Inter-Secondary Schools Gymnastic Competition 2016-2017	Certificate of Distinction
Pun Wing Sum Wincy	潘穎心	1B	Girls' Novice Group Final- Vaulting	All Hong Kong Inter-Secondary Schools Gymnastic Competition 2016-2017	Certificate of Distinction
Pun Wing Sum Wincy	潘穎心	1B	Girls' Novice Group Final- Vaulting	All Hong Kong Inter-Secondary Schools Gymnastic Competition 2016-2017	Champion
Pun Wing Sum Wincy	潘穎心	1B	Girls' Novice Group Final- Floor Exercise	All Hong Kong Inter-Secondary Schools Gymnastic Competition 2016-2017	Certificate of Distinction
Pun Wing Sum Wincy	潘穎心	1B	Girls' Novice Group Final- Floor Exercise	All Hong Kong Inter-Secondary Schools Gymnastic Competition 2016-2017	1st runner-up
Pun Wing Sum Wincy	潘穎心	1B	Girls' Novice Group Team Championship	All Hong Kong Inter-Secondary Schools Gymnastic Competition 2016-2017	Champion (Group)
Chan Shun Hei Vera	陳巽熙	1C	Girls' Novice Group Preliminary- Floor Exercise	All Hong Kong Inter-Secondary Schools Gymnastic Competition 2016-2017	Certificate of Merit
Chan Shun Hei Vera	陳巽熙	1C	Girls' Novice Group Team Championship	All Hong Kong Inter-Secondary Schools Gymnastic Competition 2016-2017	Champion (Group)
Shin Hoi Long Helen	單愷朗	1C	Girls' Novice Group Preliminary- Vaulting	All Hong Kong Inter-Secondary Schools Gymnastic Competition 2016-2017	Certificate of Merit
Shin Hoi Long Helen	單愷朗	1C	Girls' Novice Group Team Championship	All Hong Kong Inter-Secondary Schools Gymnastic Competition 2016-2017	Champion (Group)
Wong Cho Kiu Clarissa	黃楚翹	1D	Girls' Novice Group Preliminary- Floor Exercise	All Hong Kong Inter-Secondary Schools Gymnastic Competition 2016-2017	Certificate of Merit

Chow Ching Tung Charlotte	周靖童	2C	Girls' Novice Group Team Championship	All Hong Kong Inter-Secondary Schools Gymnastic Competition 2016-2017	Champion (Group)
Chan Chin Wing Charis	陳芊穎	2D	Girls' Junior Group Final- Floor Exercise	All Hong Kong Inter-Secondary Schools Gymnastic Competition 2016-2017	Certificate of Merit
Chan Chin Wing Charis	陳芊穎	2D	Girls' Junior Group Team Championship	All Hong Kong Inter-Secondary Schools Gymnastic Competition 2016-2017	1st runner-up (Group)
Sham Cheuk Yi Cherry	岑焯兒	2D	Girls' Novice Group Preliminary- Vaulting	All Hong Kong Inter-Secondary Schools Gymnastic Competition 2016-2017	Certificate of Merit
Sham Cheuk Yi Cherry	岑焯兒	2D	Girls' Novice Group Preliminary- Floor Exercise	All Hong Kong Inter-Secondary Schools Gymnastic Competition 2016-2017	Certificate of Merit
Sham Cheuk Yi Cherry	岑焯兒	2D	Girls' Novice Group Final- Vaulting	All Hong Kong Inter-Secondary Schools Gymnastic Competition 2016-2017	Certificate of Merit
Sham Cheuk Yi Cherry	岑焯兒	2D	Girls' Novice Group Final- Vaulting	All Hong Kong Inter-Secondary Schools Gymnastic Competition 2016-2017	6th runner-up
Sham Cheuk Yi Cherry	岑焯兒	2D	Girls' Novice Group Team Championship	All Hong Kong Inter-Secondary Schools Gymnastic Competition 2016-2017	Champion (Group)
Chan Hoi Yan Athena	陳凱茵	3B	Girls' Junior Group Final- Vaulting	All Hong Kong Inter-Secondary Schools Gymnastic Competition 2016-2017	Certificate of Merit
Chan Hoi Yan Athena	陳凱茵	3B	Girls' Junior Group Final- Balance Beam	All Hong Kong Inter-Secondary Schools Gymnastic Competition 2016-2017	Certificate of Distinction
Chan Hoi Yan Athena	陳凱茵	3B	Girls' Junior Group Final- Floor Exercise	All Hong Kong Inter-Secondary Schools Gymnastic Competition 2016-2017	Certificate of Distinction
Chan Hoi Yan Athena	陳凱茵	3B	Girls' Junior Group Team Championship	All Hong Kong Inter-Secondary Schools Gymnastic Competition 2016-2017	1st runner-up (Group)
Ho Cheuk See Jessie	何卓思	3E	Girls' Senior Group Final- Vaulting	All Hong Kong Inter-Secondary Schools Gymnastic Competition 2016-2017	Certificate of Merit
Ho Cheuk See Jessie	何卓思	3E	Girls' Senior Group Final- Balance Beam	All Hong Kong Inter-Secondary Schools Gymnastic Competition 2016-2017	Certificate of Merit
Ho Cheuk See Jessie	何卓思	3E	Girls' Senior Group Final- Floor Exercise	All Hong Kong Inter-Secondary Schools Gymnastic Competition 2016-2017	Certificate of Distinction
Ho Cheuk See Jessie	何卓思	3E	Girls' Senior Group Final- Individual All Round	All Hong Kong Inter-Secondary Schools Gymnastic Competition 2016-2017	4th runner-up
Tang Mo Chit Elizabeth	鄧慕哲	3E	Girls' Junior Group Final- Vaulting	All Hong Kong Inter-Secondary Schools Gymnastic Competition 2016-2017	Certificate of Merit
Tang Mo Chit Elizabeth	鄧慕哲	3E	Girls' Junior Group Final- Balance Beam	All Hong Kong Inter-Secondary Schools Gymnastic Competition 2016-2017	Certificate of Merit
Tang Mo Chit Elizabeth	鄧慕哲	3E	Girls' Junior Group Final- Floor Exercise	All Hong Kong Inter-Secondary Schools Gymnastic Competition 2016-2017	Certificate of Distinction
Ho Kai Chung Megan	何啟頌	4D	Girls' Junior Group Final- Floor Exercise	All Hong Kong Inter-Secondary Schools Gymnastic Competition 2016-2017	Certificate of Merit
Ho Kai Chung Megan	何啟頌	4D	Girls' Junior Group Team Championship	All Hong Kong Inter-Secondary Schools Gymnastic Competition 2016-2017	1st runner-up (Group)
Lam Natalie Wai Yan	林慧昕	4D	Girls' Junior Group Team Championship	All Hong Kong Inter-Secondary Schools Gymnastic Competition 2016-2017	1st runner-up (Group)
Kwok Wing Kwan Michelle	郭泳均	5C	Girls' Junior Group Team Championship	All Hong Kong Inter-Secondary Schools Gymnastic Competition 2016-2017	1st runner-up (Group)
Pun Wing Sum Wincy	潘穎心	1B	Open WAG (L6)- Balance Beam	Sportscene Gymnastics Competition cum Invitational Competition 2017	Champion
Pun Wing Sum Wincy	潘穎心	1B	Open WAG (L6)- Vaulting	Sportscene Gymnastics Competition cum Invitational Competition 2017	1st runner-up
Pun Wing Sum Wincy	潘穎心	1B	Open WAG (L6)- Individual All Round	Sportscene Gymnastics Competition cum Invitational Competition 2017	3rd runner-up
Ng Pui Ka Olga	吳珮嘉	3D	Girls' Open Grade Team Championship	Hong Kong Trampoline Open Championship 2016	Champion (Group)
Ng Pui Ka Olga	吳珮嘉	3D	Girls' Open Grade Individual Championship	Hong Kong Trampoline Open Championship 2016	4th runner-up
Chu Wing Huen Janis	朱穎暄	6D	Girls' Open Grade Team Championship	Hong Kong Trampoline Open Championship 2016	Champion (Group)
Chu Wing Huen Janis	朱穎暄	6D	Girls' Open Grade Individual Championship	Hong Kong Trampoline Open Championship 2016	8th runner-up
Chui Ka Hei Hilary	徐嘉禧	2D	Individual Competition	Maryknoll Convent School Trampoline Invitation Competition 2016-2017	7th runner-up
Chui Ka Hei Hilary	徐嘉禧	2D	Team Championship	Maryknoll Convent School Trampoline Invitation Competition 2016-2017	1st runner-up (Group)
Wong Tsz Yan Sabrina	黃子恩	3C	Individual Competition	Maryknoll Convent School Trampoline Invitation Competition 2016-2017	Champion
Wong Tsz Yan Sabrina	黃子恩	3C	Team Championship	Maryknoll Convent School Trampoline Invitation Competition 2016-2017	1st runner-up (Group)
Leung Tsz Pui Stephanie	梁梓蓓	3D	Individual Competition	Maryknoll Convent School Trampoline Invitation Competition 2016-2017	6th runner-up
Leung Tsz Pui Stephanie	梁梓蓓	3D	Team Championship	Maryknoll Convent School Trampoline Invitation Competition 2016-2017	1st runner-up (Group)
Ng Pui Ka Olga	吳珮嘉	3D	Synchronized Competition	Maryknoll Convent School Trampoline Invitation Competition 2016-2017	Champion (Group)
Poon Wai Tung Venice	潘韋彤	4B	Synchronized Competition	Maryknoll Convent School Trampoline Invitation Competition 2016-2017	Champion (Group)
Kwok Yuen Tung Natalie	郭沅彤	4C	Individual Competition	Maryknoll Convent School Trampoline Invitation Competition 2016-2017	4th runner-up
Kwok Yuen Tung Natalie	郭沅彤	4C	Team Championship	Maryknoll Convent School Trampoline Invitation Competition 2016-2017	1st runner-up (Group)
Chan Jacqueline	陳樂琴	5A	Synchronized Competition	Maryknoll Convent School Trampoline Invitation Competition 2016-2017	5th runner-up (Group)
Lam Janis Sze Yuet	林思玥	5A	Synchronized Competition	Maryknoll Convent School Trampoline Invitation Competition 2016-2017	5th runner-up (Group)
Ng Pui Ka Olga	吳珮嘉	3D	Girls' Individual Competition (Aged 15 to 17)	Samsung 60th Festival of Sports Trampoline Gymnastics Age Group Competition 2017	Champion
Ng Pui Ka Olga	吳珮嘉	3D	Girls' Synchronized Competition (Aged 15 to 17)	Samsung 60th Festival of Sports Trampoline Gymnastics Age Group Competition 2017	5th runner-up (Group)
Poon Wai Tung Venice	潘韋彤	4B	Girls' Synchronized Competition (Aged 15 to 17)	Samsung 60th Festival of Sports Trampoline Gymnastics Age Group Competition 2017	5th runner-up (Group)

Lam Hoi Ying Pearl	林凱盈	5A	Girls' Individual Competition (Aged 15 to 17)	Samsung 60th Festival of Sports Trampoline Gymnastics Age Group Competition 2017	3rd runner-up
Lam Hoi Ying Pearl	林凱盈	5A	Girls' Synchronized Competition (Aged 15 to 17)	Samsung 60th Festival of Sports Trampoline Gymnastics Age Group Competition 2017	7th runner-up (Group)
Chan Miu Ci Miuccia	陳繆思	5B	Girls' Synchronized Competition (Aged 15 to 17)	Samsung 60th Festival of Sports Trampoline Gymnastics Age Group Competition 2017	7th runner-up (Group)
Chiu Cheuk Ling (Stephanie)	招芍苓	5C	Girls' Individual Competition (Aged 18 or above)	Samsung 60th Festival of Sports Trampoline Gymnastics Age Group Competition 2017	6th runner-up
Chiu Cheuk Ling (Stephanie)	招芍苓	5C	Girls' Synchronized Competition (Aged 18 or above)	Samsung 60th Festival of Sports Trampoline Gymnastics Age Group Competition 2017	2nd runner-up (Group)
Chu Wing Huen Janis	朱穎暄	6D	Girls' Individual Competition (Aged 18 or above)	Samsung 60th Festival of Sports Trampoline Gymnastics Age Group Competition 2017	5th runner-up
Chu Wing Huen Janis	朱穎暄	6D	Girls' Synchronized Competition (Aged 18 or above)	Samsung 60th Festival of Sports Trampoline Gymnastics Age Group Competition 2017	2nd runner-up (Group)
Choi Wai Lam (Clara)	蔡瑋霖	1B	2016-2017 (Kowloon) Division One--Overall	Inter-school Badminton Competition	5th (Group)
Tsoi Hiu Tung (Mimi)	蔡曉彤	1B	2016-2017 (Kowloon) Division One--Overall	Inter-school Badminton Competition	5th (Group)
Chau King Yan Christina	周景欣	1C	2016-2017 (Kowloon) Division One--Overall	Inter-school Badminton Competition	5th (Group)
Mok Kwan Tung Amelia	莫君桐	1C	2016-2017 (Kowloon) Division One--Overall	Inter-school Badminton Competition	5th (Group)
Cheng Rachel	鄭熙彤	1D	2016-2017 (Kowloon) Division One--Overall	Inter-school Badminton Competition	5th (Group)
Chow Yan Pui Wendy	鄒欣蓓	2E	2016-2017 (Kowloon) Division One--Overall	Inter-school Badminton Competition	5th (Group)
Ho Wing Yiu (Yoyo)	何穎瑤	2E	2016-2017 (Kowloon) Division One--Overall	Inter-school Badminton Competition	5th (Group)
Ng Cheuk Lam Charlie	吳卓霖	3A	2016-2017 (Kowloon) Division One--Overall	Inter-school Badminton Competition	5th (Group)
Fung Pui Laam Prima	馮沛嵐	3B	2016-2017 (Kowloon) Division One--Overall	Inter-school Badminton Competition	5th (Group)
Wong Cherry	王鏗琳	3C	2016-2017 (Kowloon) Division One--Overall	Inter-school Badminton Competition	5th (Group)
Fong Sam Cing Janice	方心呈	3E	2016-2017 (Kowloon) Division One--Overall	Inter-school Badminton Competition	5th (Group)
Li Yu Ying Iris	李宇瑩	3E	2016-2017 (Kowloon) Division One--Overall	Inter-school Badminton Competition	5th (Group)
Liu Ching Kiu Candice	廖靖翹	3E	2016-2017 (Kowloon) Division One--Overall	Inter-school Badminton Competition	5th (Group)
Leung Gi Kay Casey	梁芷萁	4B	2016-2017 (Kowloon) Division One--Overall	Inter-school Badminton Competition	5th (Group)
Ho Chi Yan Danielle	何子茵	4E	2016-2017 (Kowloon) Division One--Overall	Inter-school Badminton Competition	5th (Group)
Chan Ho Lam Hayley	陳皓琳	5B	2016-2017 (Kowloon) Division One--Overall	Inter-school Badminton Competition	5th (Group)
Yau Wing Ching (Chloe)	邱泳晴	5C	2016-2017 (Kowloon) Division One--Overall	Inter-school Badminton Competition	5th (Group)
Tsay Wing Ka Karen	蔡穎珈	5D	2016-2017 (Kowloon) Division One--Overall	Inter-school Badminton Competition	5th (Group)
Tang Tsz Hei Zoe	鄧芷晞	6D	2016-2017 (Kowloon) Division One--Overall	Inter-school Badminton Competition	5th (Group)
Yeung Tsz Ching (Joey)	楊梓晴	6E	2016-2017 (Kowloon) Division One--Overall	Inter-school Badminton Competition	5th (Group)
Leung Sin Ki Christie	梁倩淇	1A	2016-2017 (Kowloon) Division Three (K1)-C Grade	Inter-school Basketball Competition	5th (Group)
Ma Mizuki Tse Tsing	馬子晴	1A	2016-2017 (Kowloon) Division Three (K1)-C Grade	Inter-school Basketball Competition	5th (Group)
Chow Lon Ying Ally	鄒朗熒	1B	2016-2017 (Kowloon) Division Three (K1)-C Grade	Inter-school Basketball Competition	5th (Group)
Poon Wing Yan (Phoebe)	潘咏欣	1B	2016-2017 (Kowloon) Division Three (K1)-C Grade	Inter-school Basketball Competition	5th (Group)
Wong Tsz Yiu (Yoyo)	黃梓瑤	1B	2016-2017 (Kowloon) Division Three (K1)-C Grade	Inter-school Basketball Competition	5th (Group)
Tsoi Sze Chit Jasmine	蔡思捷	2B	2016-2017 (Kowloon) Division Three (K1)-C Grade	Inter-school Basketball Competition	5th (Group)
Chui Yuk Kwan (Rachel)	崔鈺堃	2D	2016-2017 (Kowloon) Division Three (K1)-C Grade	Inter-school Basketball Competition	5th (Group)
Ho Wing Tung Phoebe	何穎桐	2D	2016-2017 (Kowloon) Division Three (K1)-C Grade	Inter-school Basketball Competition	5th (Group)
Lim Wei Ying Velvetina	林瑋瑩	2D	2016-2017 (Kowloon) Division Three (K1)-C Grade	Inter-school Basketball Competition	5th (Group)
Fong Kin Yu (Cristalle)	方鍵如	2E	2016-2017 (Kowloon) Division Three (K1)-C Grade	Inter-school Basketball Competition	5th (Group)
Tang Lok Ting Ziva	鄧烙鋌	2E	2016-2017 (Kowloon) Division Three (K1)-C Grade	Inter-school Basketball Competition	5th (Group)